

BRIGHAM HEALTH



BRIGHAM AND  
WOMEN'S HOSPITAL



# Cardiogenic shock

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*Harvard Medical School*



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL



# Disclosures

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BAB reports grant support from Ionis, Pfizer, AstraZeneca/MedImmune, Quark, and Abbott Vascular and consulting fees from Philips, Abiomed, CSI, Abbott Vascular, Servier, Daiichi-Sankyo, Janssen, and Quark.

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***Numerous slides courtesy of/adapted from  
Dr. Erin Bohula***





# Case

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## **55-year-old woman**

Type I diabetes

Kidney/pancreas transplant in 1999

Repeat kidney transplant 2010

Progressive renal insufficiency

Hypertension

Asthma

Presented to BWH ED with rest chest pain





# Case

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**110BPM**

**80/50mmHg**

**24RPM**

**96%4LNC**

**Cr**

2.47 mg/dL

**hsTnl**

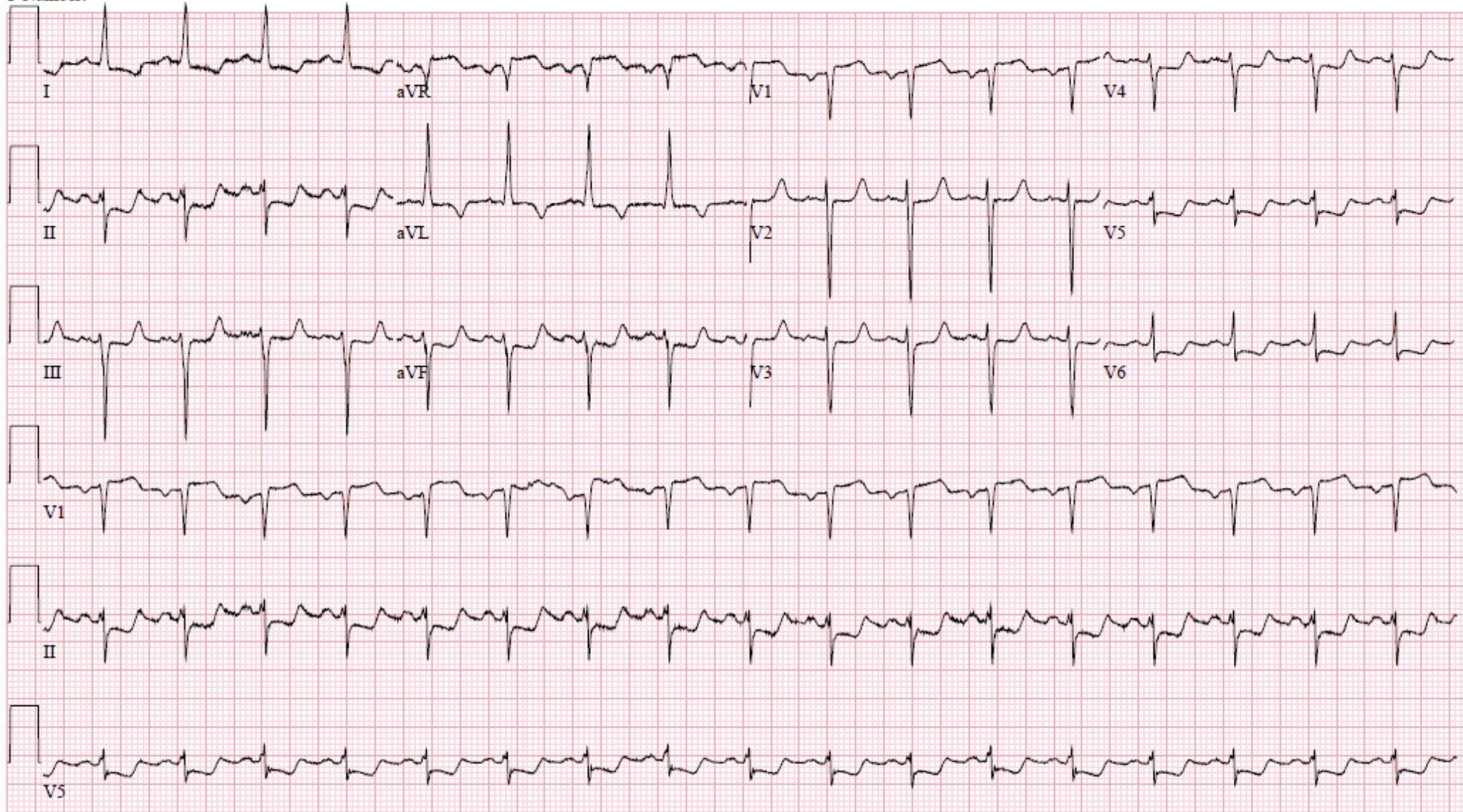
631 ng/L





# Case

F Number:



An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School

BWH ECHO

S5-1

49Hz

16cm

2D

67%

C 50

P Low

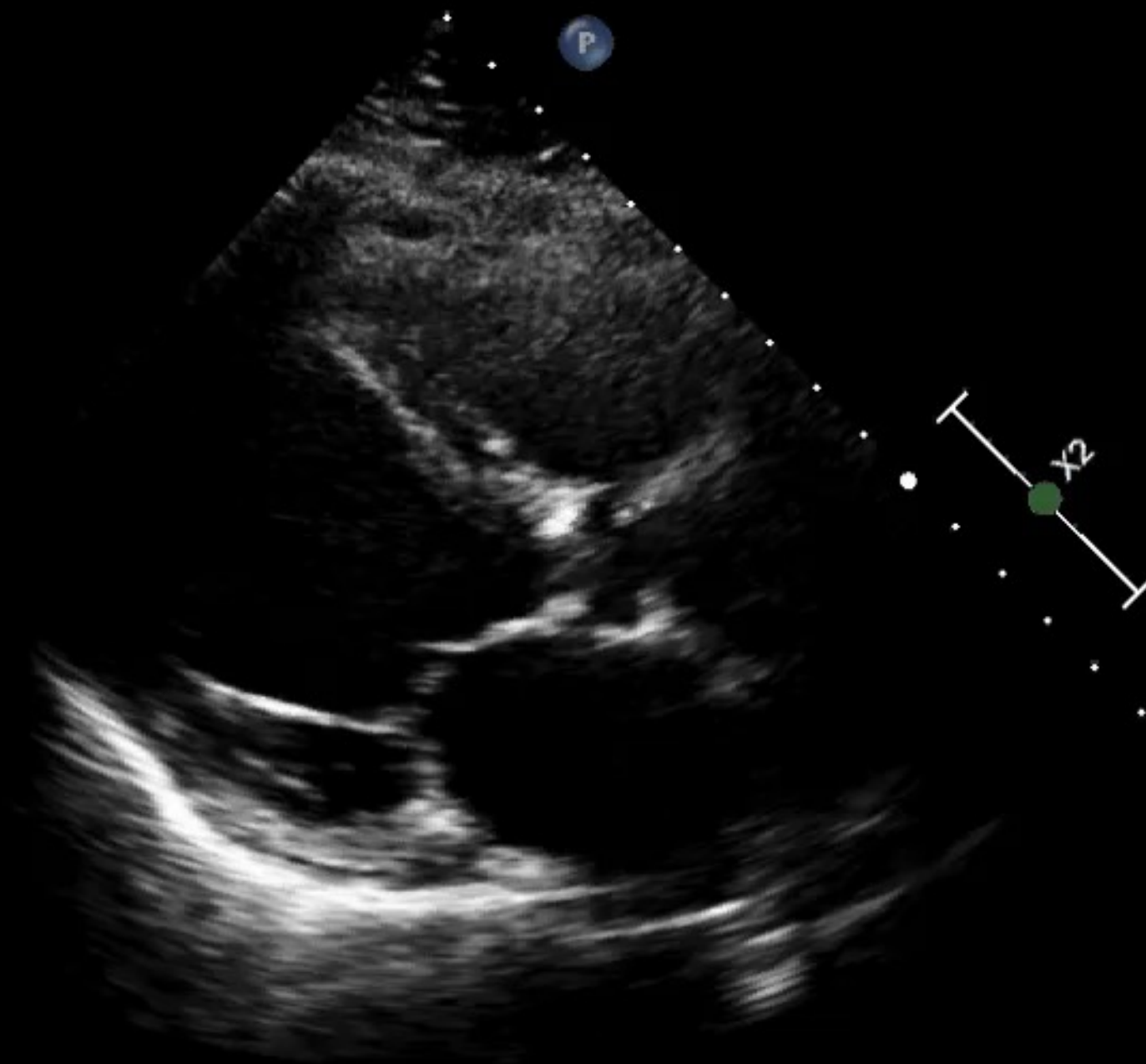
H Pen

96 (Derived)

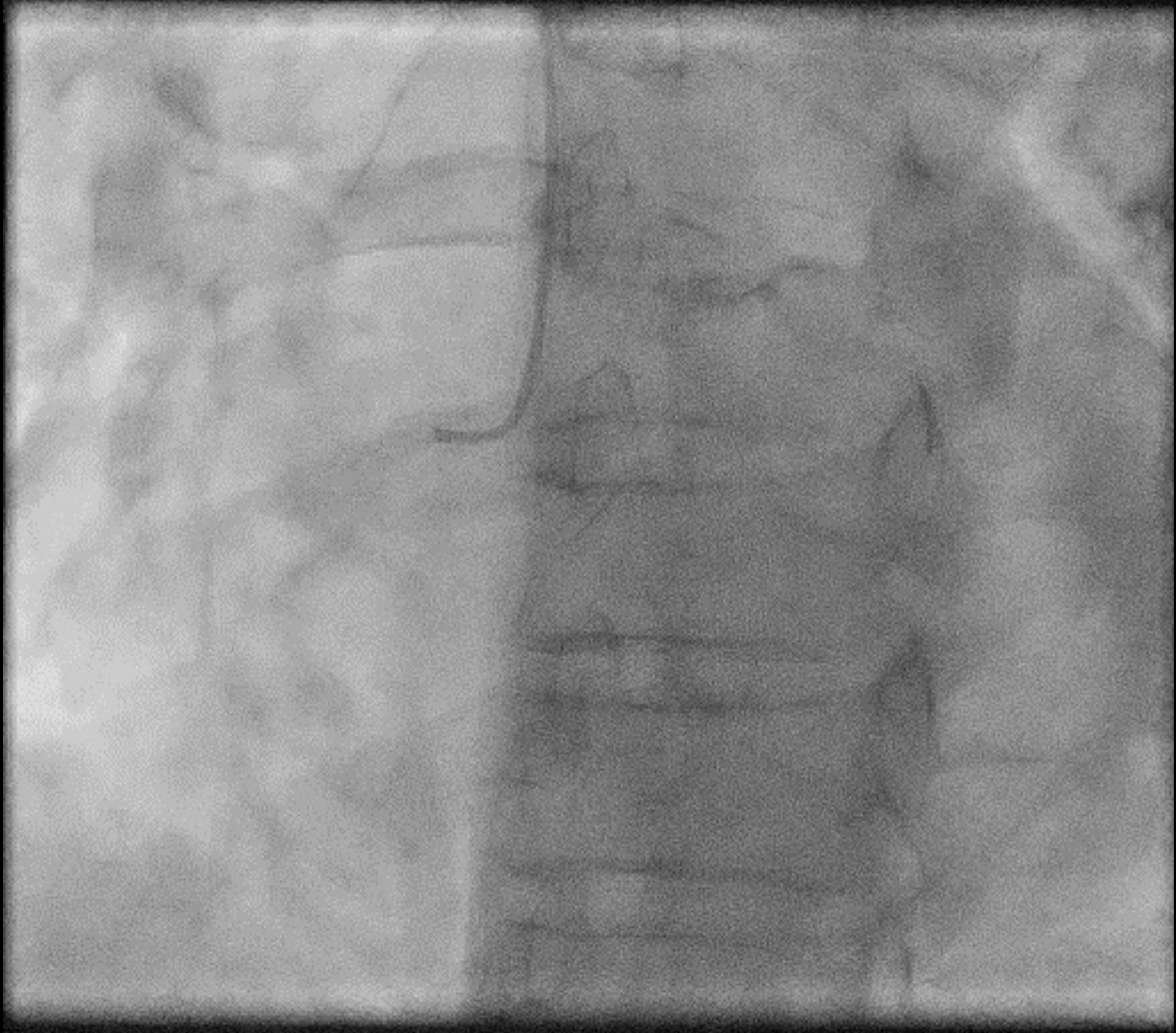
TIS 0.6

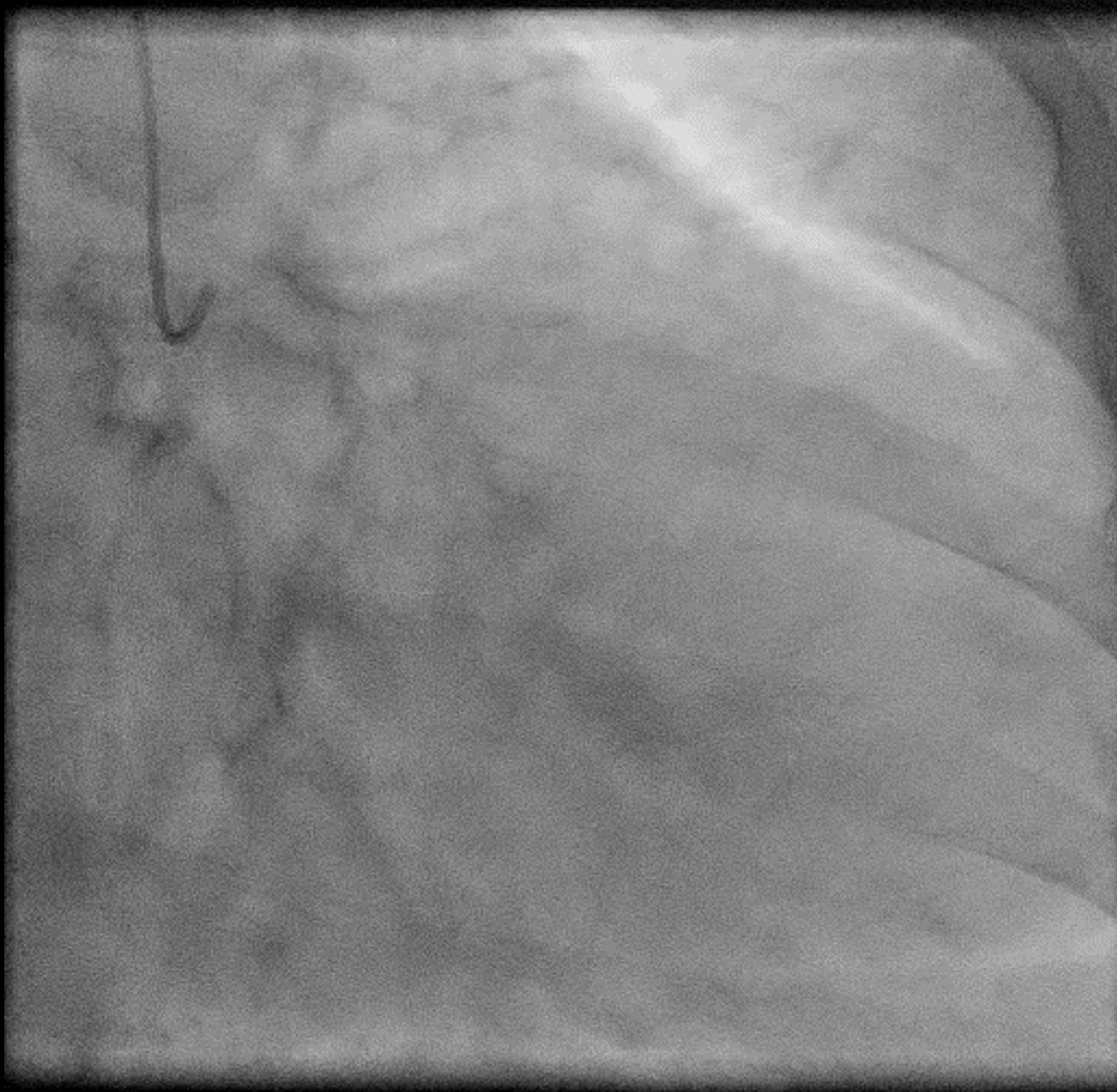
MI 1.3

M3



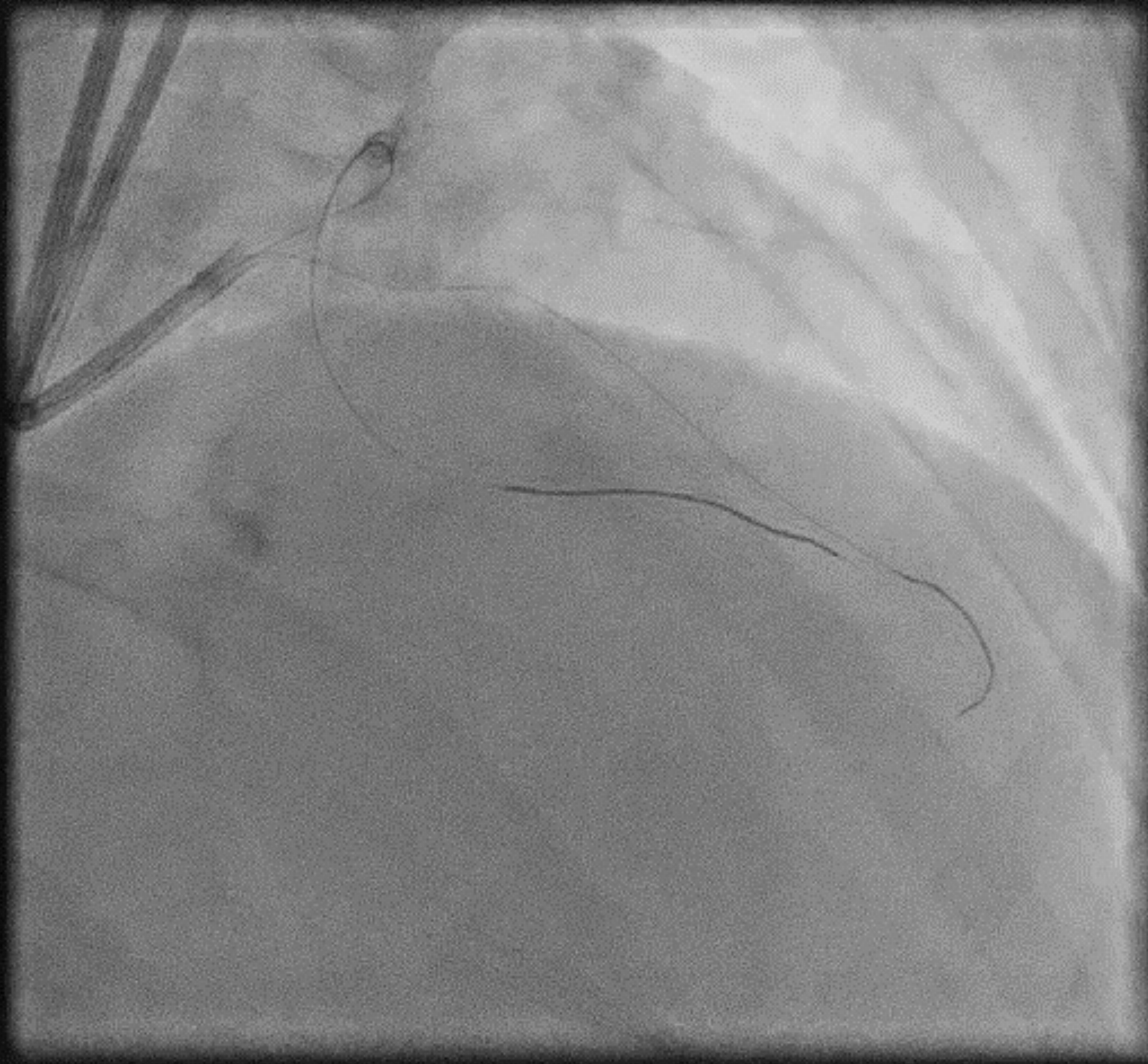
93 bpm

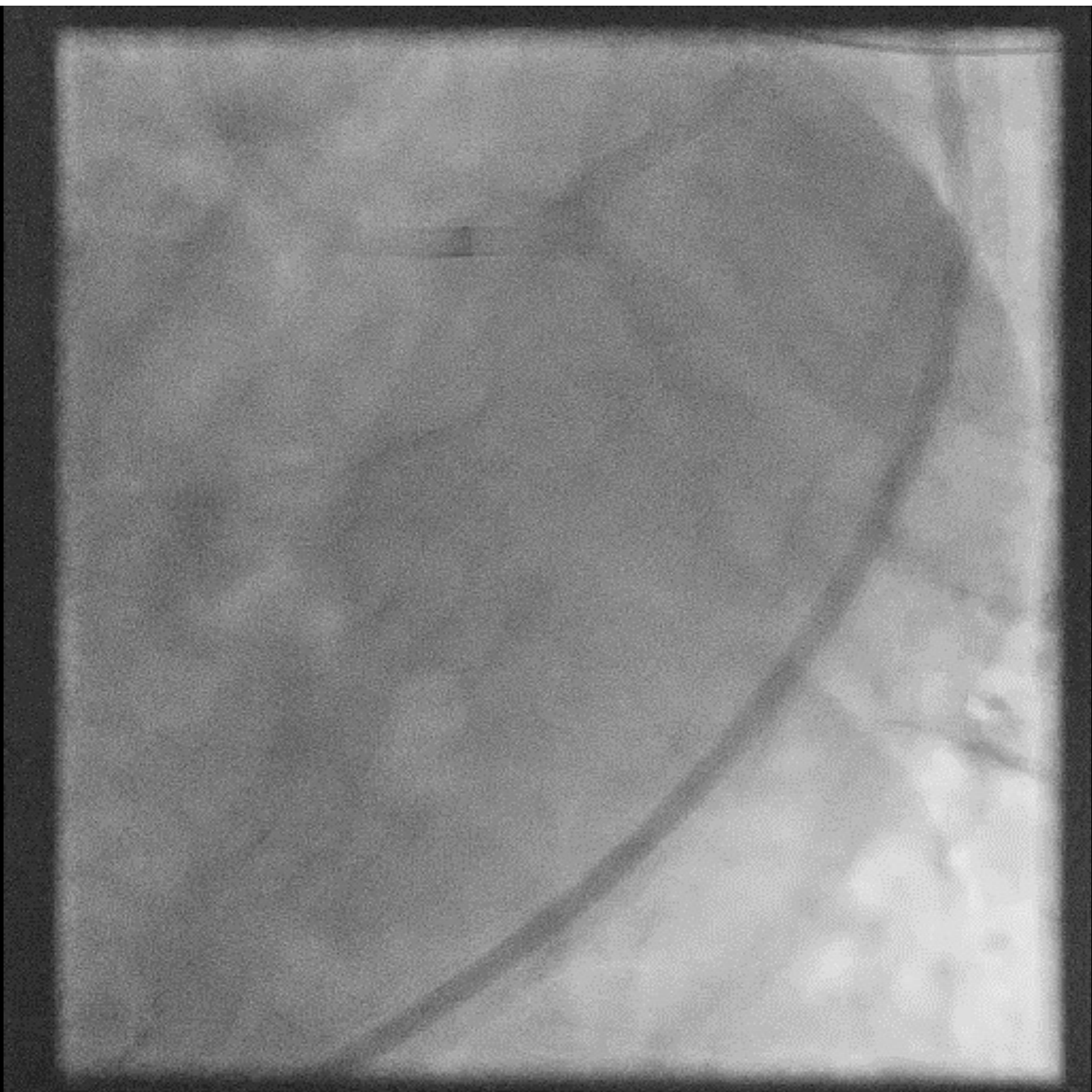




SUBTRACTION;FRAME\_SELECTION (Derived)

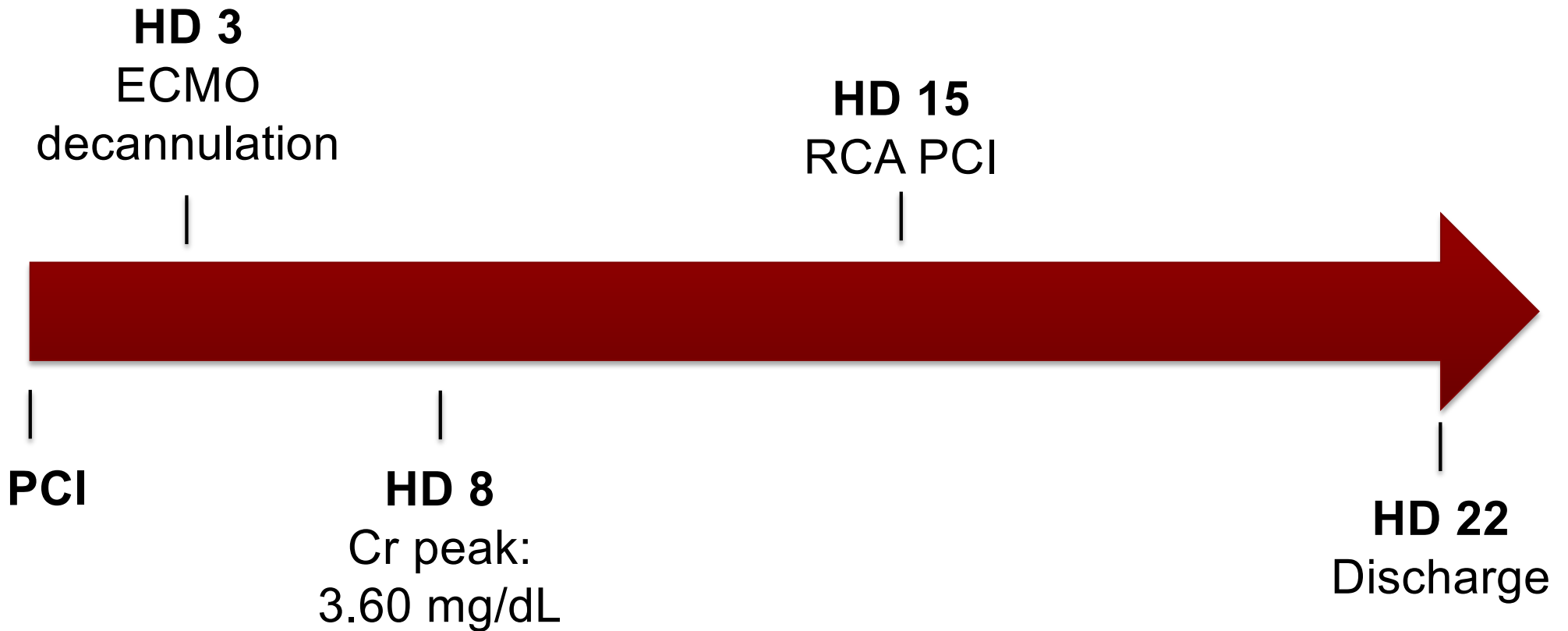








# Case



*Most recent Cr 1.72 mg/dL*

FR 50Hz

15cm

2D

44%

C 50

P Med

Hpen

M3

P



JPEG

76 bpm

J



# Outline

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## Epidemiology

## Definition and diagnosis

## Management

- Acute MI
- General supportive measures
- Mechanical circulatory support





# Outline

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## Epidemiology

## Definition and diagnosis

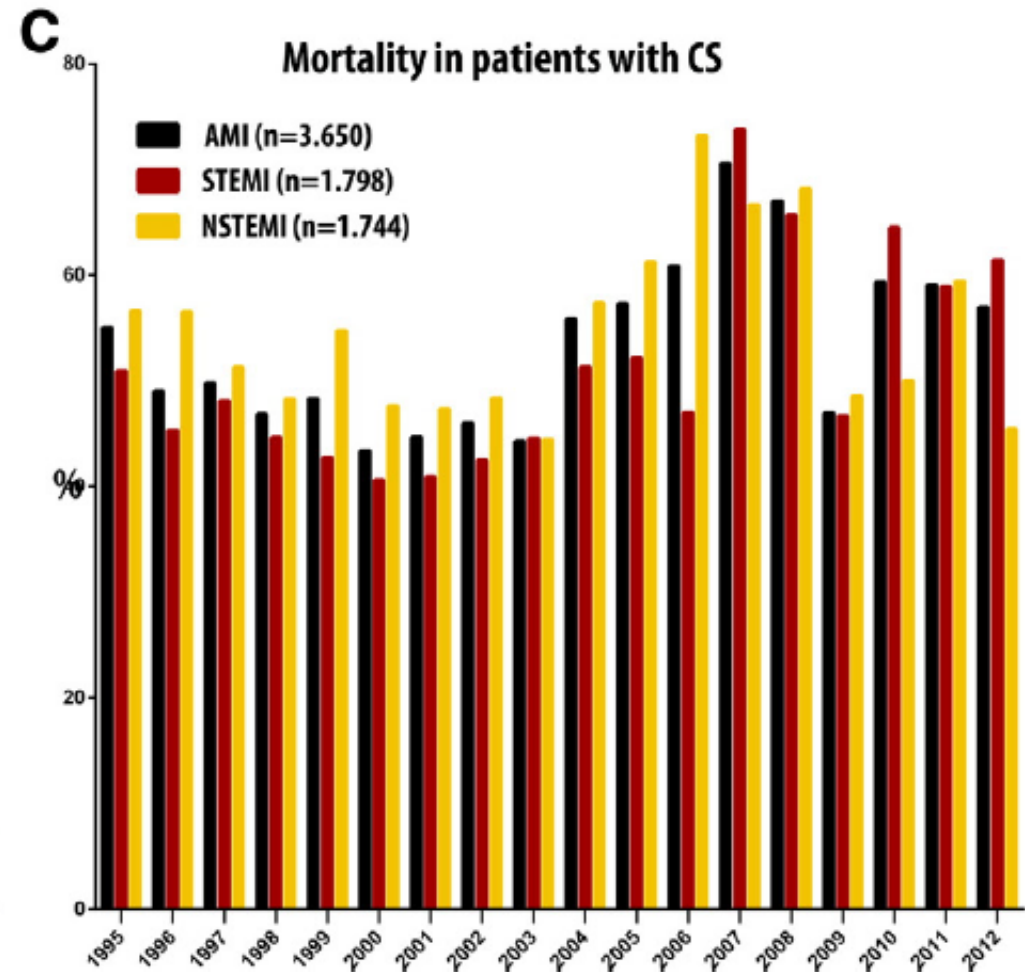
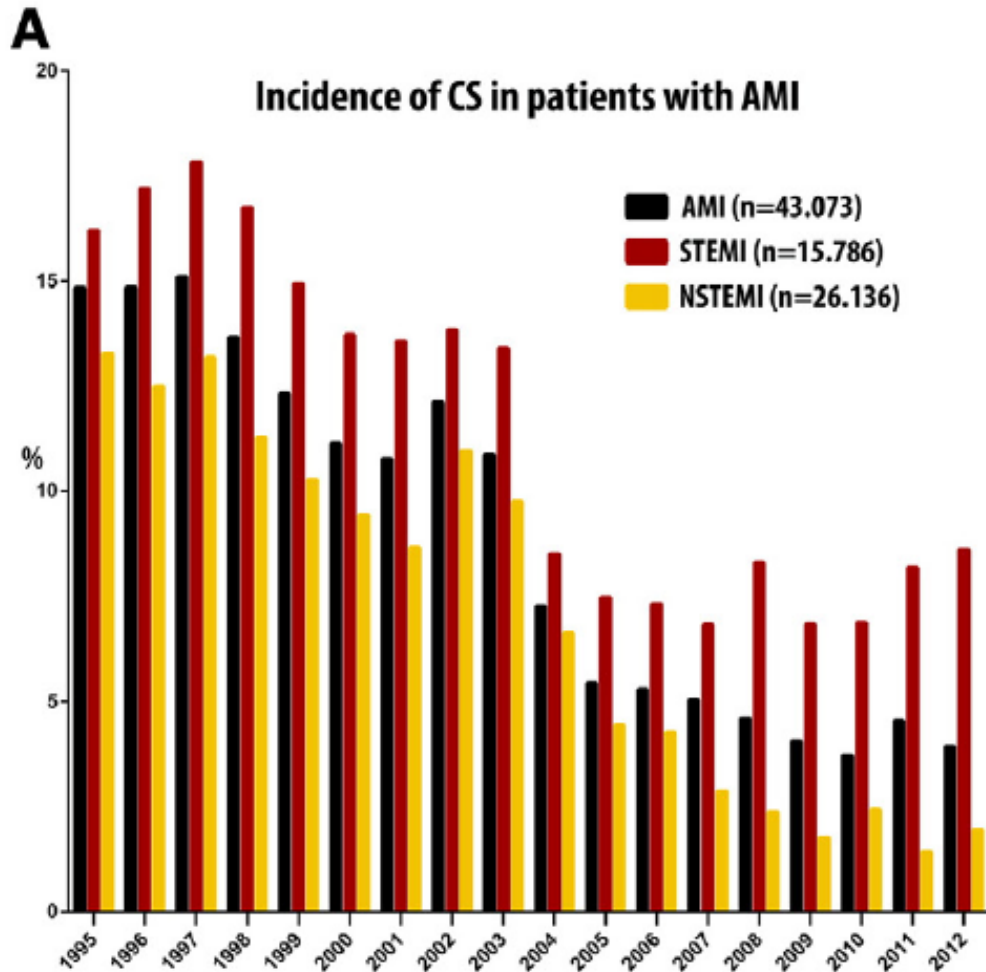
## Management

- Acute MI
- General supportive measures
- Mechanical circulatory support





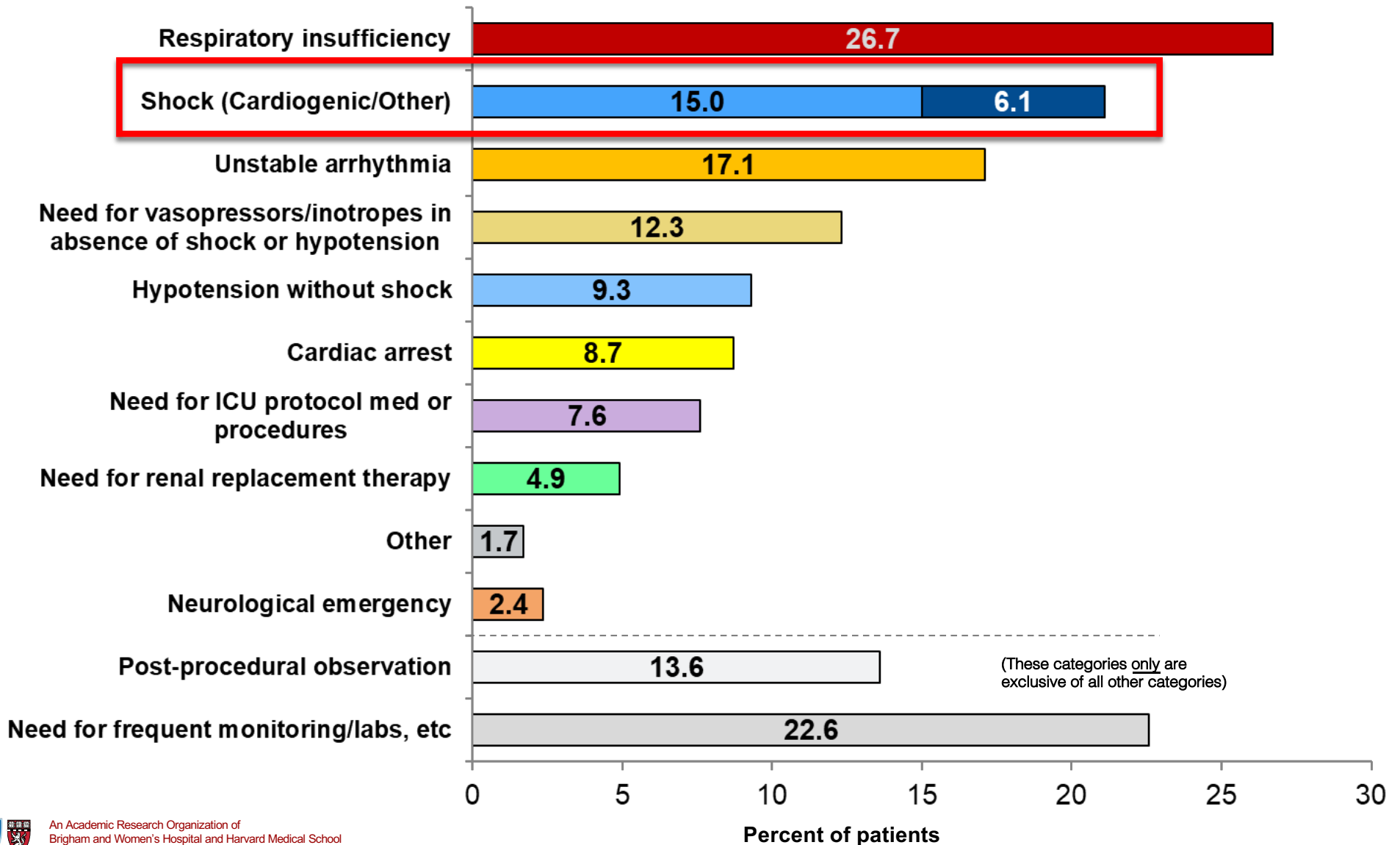
# Epidemiology



**Patients are older and with more comorbidities**



# Indications for Intensive Care

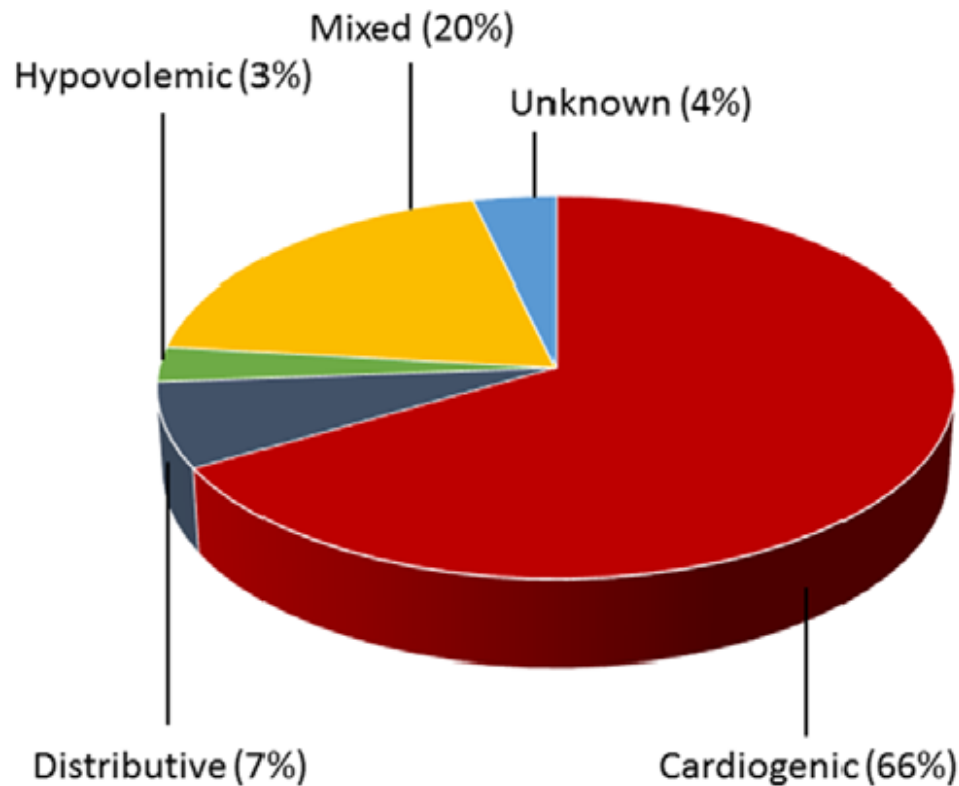




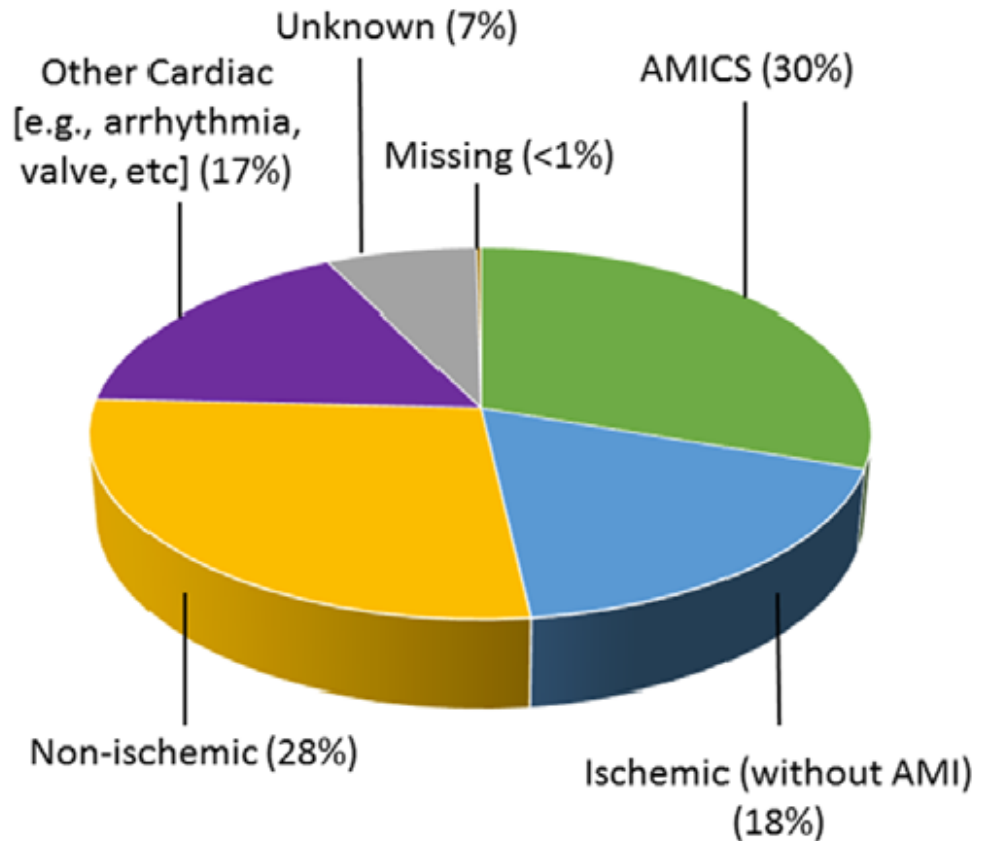
# Epidemiology



**A Etiology of Shock (N=677)**



**B Cause of Cardiogenic Shock (N=450)**





# Outline

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## Epidemiology

## Definition and diagnosis

## Management

- Acute MI
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# Shock

		Volume Status	
		Wet	Dry
Peripheral Circulation	Cold	Classic Cardiogenic Shock (↓CI; ↑SVRI; ↑PCWP)	Euvolemic Cardiogenic Shock (↓CI; ↑SVRI; ↔PCWP)
	Warm	Vasodilatory Cardiogenic Shock or Mixed Shock (↓CI; ↓/↔SVRI; ↑PCWP)	Vasodilatory Shock (Not Cardiogenic Shock) (↑CI; ↓SVRI; ↓PCWP)



# Cardiogenic Shock

Clinical Definition	SHOCK Trial <sup>9*</sup>	IABP-SHOCK II <sup>†</sup>	ESC HF Guidelines <sup>15</sup>
Cardiac disorder that results in both clinical and biochemical evidence of tissue hypoperfusion	Clinical criteria: SBP <90 mm Hg for ≥30 min OR Support to maintain SBP ≥90 mm Hg AND End-organ hypoperfusion (urine output <30 mL/h or cool extremities)  Hemodynamic criteria: CI of ≤2.2 L·min <sup>-1</sup> ·m <sup>-2</sup> AND PCWP ≥15 mm Hg	Clinical criteria: SBP <90 mm Hg for ≥30 min OR Catecholamines to maintain SBP >90 mm Hg AND Clinical pulmonary congestion AND Impaired end-organ perfusion (altered mental status, cold/clammy skin and extremities, urine output <30 mL/h, or lactate >2.0 mmol/L)	SBP <90 mm Hg with adequate volume and clinical or laboratory signs of hypoperfusion  Clinical hypoperfusion: Cold extremities, oliguria, mental confusion, dizziness, narrow pulse pressure  Laboratory hypoperfusion: Metabolic acidosis, elevated serum lactate, elevated serum creatinine

**1) Blood pressure threshold**

**2) Clinical/laboratory evidence of hypoperfusion/congestion**

**3) +/- Hemodynamic evidence of low flow/congestion**





# Uni- or Bi-Ventricular Failure?

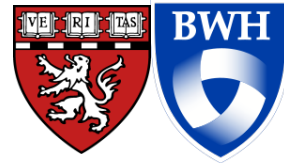
**Hemodynamic Profiles of Various Forms of Shock**

Type of shock	RAP	PCWP	CO	SVR	CPO	PAPi
1° L-sided	nl or ↑	↑	↓	↑	≤0.6	>0.9
1° R-sided	↑	nl or ↓	↓	↑	>0.6	≤0.9
Biventricular	↑	↑	↓	↑	≤0.6	≤0.9

- Cardiac power output (CPO) (W) =  $MAP \times CO / 451$
- Pulmonary artery pulsatility index (PAPi) =  $(PA \text{ systolic} - PA \text{ diastolic}) / RA \text{ mean}$



# Recognition



**TABLE 21.4** Sensitivity and Specificity of History and Physical Examination (H&P) Components for Diagnosis of Elevated Filling Pressures in Patients with Heart Failure\*

H&P FINDING	FREQUENCY	SENSITIVITY	SPECIFICITY	PREDICTIVE VALUE		LR		OR (95% CI)
				Positive	Negative	Positive	Negative	
Rales ( $\geq 1/3$ lung fields)	26/192	15	89	69	38	1.32	1.04	1.4 (0.6, 3.4)
S3	123/192	62	32	61	33	0.92	0.85	0.8 (0.4, 1.5)
Ascites (moderate/massive)	31/192	21	92	81	40	2.44	1.15	2.8 (1.1, 7.3)
Edema ( $\geq 2+$ )	73/192	41	66	67	40	1.20	1.11	1.3 (0.7, 2.5)
Orthopnea ( $\geq 2$ pillows)	157/192	86	25	66	51	1.15	1.80	2.1 (1, 4.4)
Hepatomegaly ( $>4$ fingerbreadths)	23/191	15	93	78	39	2.13	1.09	2.3 (0.8, 6.6)
Hepatojugular reflux	147/186	83	27	65	49	1.13	1.54	1.7 (0.9, 3.5)
JVP $\geq 12$ mm Hg	101/186	65	64	75	52	1.79	1.82	3.3 (1.8, 6.1)
JVP $<8$ mm Hg	18/186	4.3	81	28	33	0.23	0.85	0.2



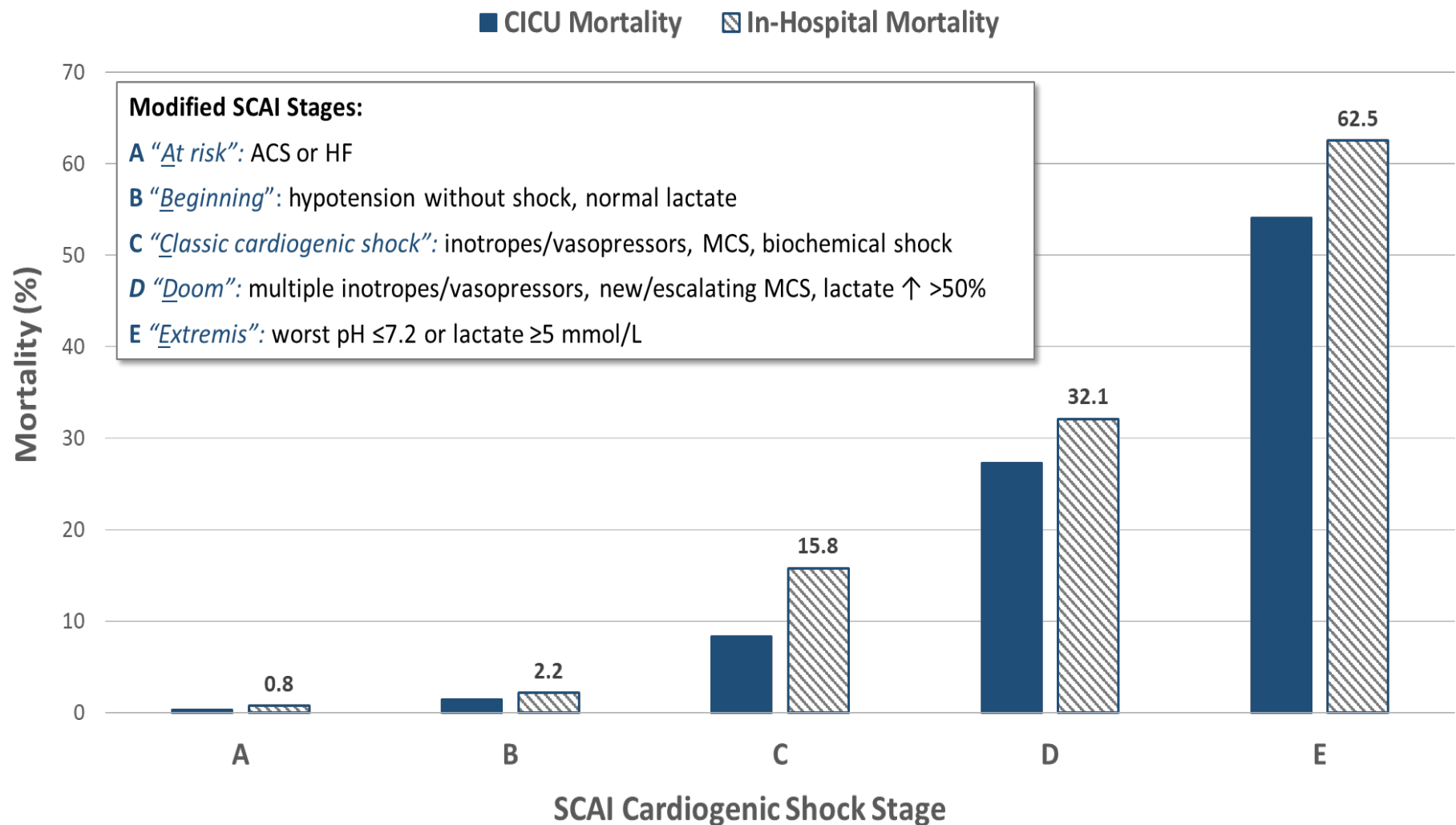
# Cardiogenic Shock Staging

SCAI Shock Stages ( <i>Cath CVI 2019;94:29</i> )					
Stage	Description	BP	Exam	Labs	Hemodyn.
At risk	MI, ADHF	nl	nl	nl	nl
Beginning	Relative HoTN; tachycardia; w/o hypoperfusion	SBP <90, MAP <60, or >30 mmHg ↓ from baseline	↑ JVP, crackles, extrem warm	nl	↑ PCWP CI ≥2.2
Classic	Hypoperfusion that requires intervention	SBP <90, MAP <60, or requiring drugs/device to maintain BP	↑ JVP, crackles, extrem cool & mottled, ↓ UOP	↑ Cr lactate ≥2 ↑ LFTs	↑ PCWP CI <2.2 CPO ≤0.6
Deteriorating	Failing to respond			↑↑ Cr, lactate, & LFTs	
Extremis	Near or in cardiac arrest			lactate ≥5 pH <7.2	





# Mortality by SCAI Classification





# Outline

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# RCTs for P2Y12 inhibition in ACS/PCI

## CURE (N=12,562)

The New England Journal of Medicine

EFFECTS OF CLOPIDOGREL IN ADDITION TO ASPIRIN IN PATIENTS WITH ACUTE CORONARY SYNDROMES WITHOUT ST-SEGMENT ELEVATION

## PLATO (N=18,624)

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 SEPTEMBER 10, 2009 VOL. 361 NO. 11

## CLARITY-TIMI 28 (N=3,491)

JO

ESTABL

Addition for M

# N=59,430

# N=0 with Cardiogenic Shock

(N=11,145)

MEDICINE

## TRITON-TIMI 38 (N=13,608)

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 NOVEMBER 15, 2007 VOL. 357 NO. 20

Prasugrel versus Clopidogrel in Patients with Acute Coronary Syndromes

ORIGINAL ARTICLE

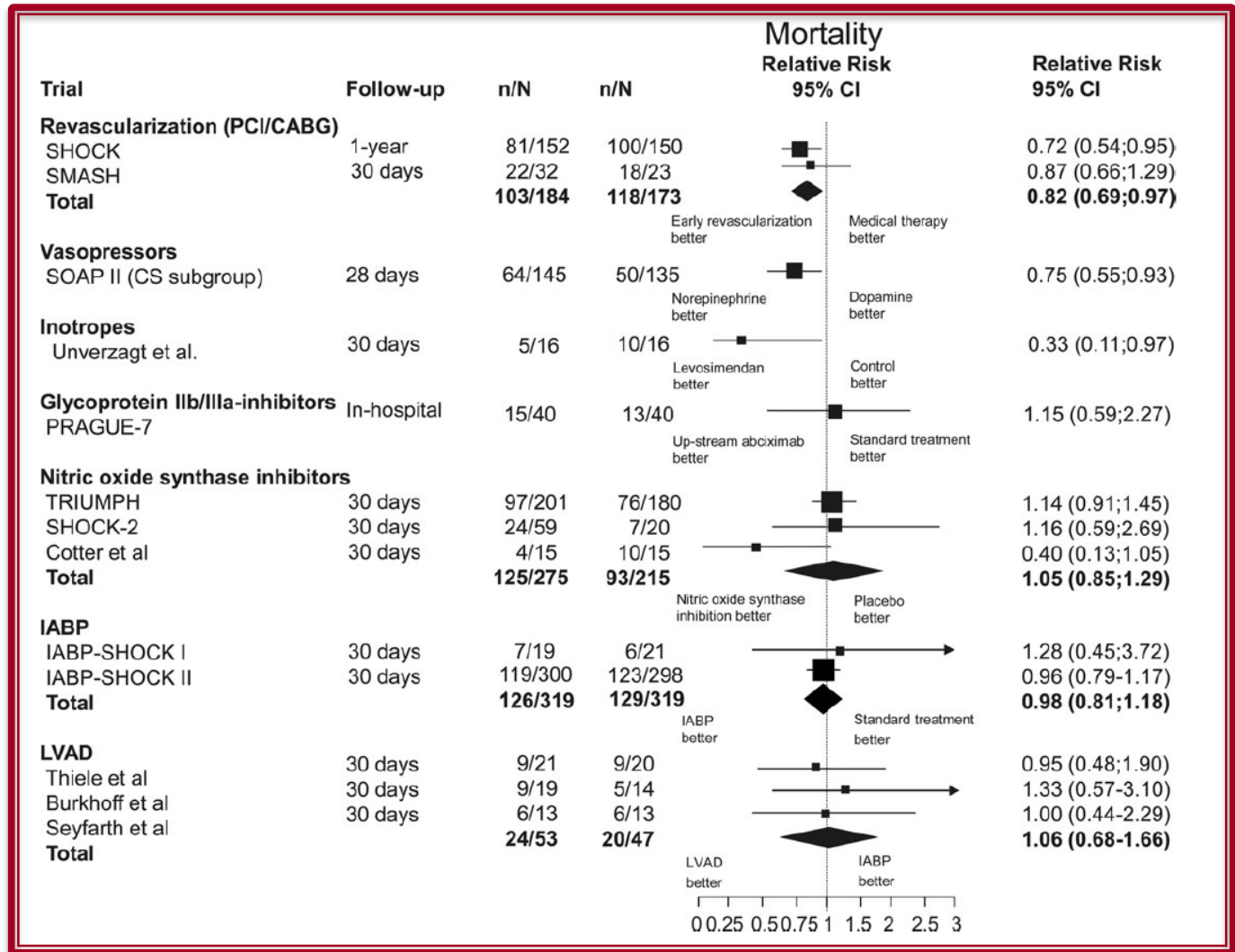
Effect of Platelet Inhibition with Cangrelor during PCI on Ischemic Events





# RCTs in Cardiogenic Shock

**Total N~2,000**





# Etiologies

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- Acute MI
- Mechanical complication of MI (VSD, MR, free wall rupture)
- Valvular heart disease
- NICMP with ADHF
- Arrhythmia
- PE
- Tamponade
- Myocarditis
- Congenital heart disease with ADHF
- Pulmonary hypertension
- RV failure
- *Et cetera...*





# Etiologies

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- RV failure
- *Et cetera...*





# Acute MI complicated by shock

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**Early revascularization**

**General supportive measures**

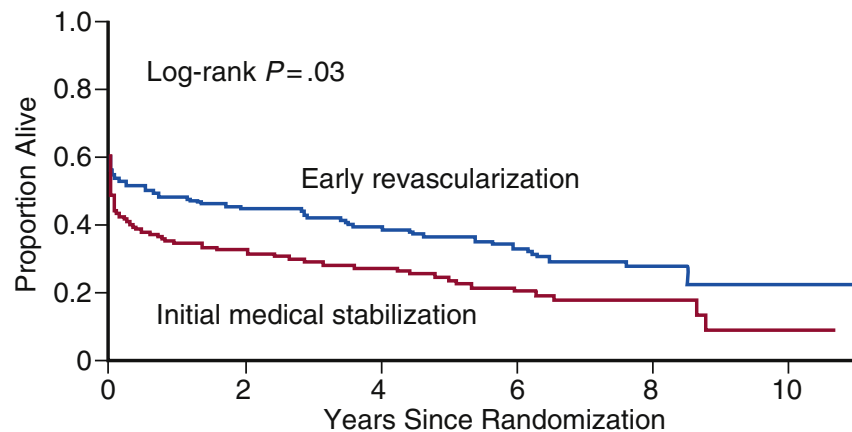
**Mechanical circulatory support as needed**

**Recognition and mgmt of mechanical complications**





# Mortality Benefit with Early Revascularization



No. at risk	0	2	4	6	8	10
Early revascularization	152	56	42	33	18	3
Initial medical stabilization	150	38	29	18	9	2

- 302 pts with STEMI and CS
- Early revasc w/in 6 hrs vs med Rx followed by prn revasc
- **Survival**
  - 30 d: 53.3% vs 44.0% ( $p=0.11$ )
  - 1 yr: 46.7% vs 33.6% ( $p<0.03$ )
  - 6 yr: 32.8% vs 19.6% ( $p=0.03$ )



# Emergency Revascularization

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STEMI + **symptom duration** <12 hours

STEMI with symptom duration 12-24 hours + **ongoing evidence of ischemia**

STEMI + **shock or severe HF** irrespective of symptom duration

NSTEMI + **shock/dangerous arrhythmia/refractory symptoms/etc.**





# Non-culprit lesions in STEMI

**Table 2** Procedural characteristics of patients with STEMI and CS

	2006–2009 ( <i>n</i> = 302)	2010–2013 ( <i>n</i> = 301)	2014–2016 ( <i>n</i> = 378)	<i>p</i> value
Left main disease, <i>n</i> (%)	50 (17)	43 (14)	44 (12)	0.118
One-vessel disease, <i>n</i> (%)	77 (26)	93 (31)	117 (31)	0.255
Two-vessel disease, <i>n</i> (%)	89 (29)	84 (28)	116 (31)	0.732
Three-vessel disease, <i>n</i> (%)	133 (44)	124 (41)	145 (38)	0.326



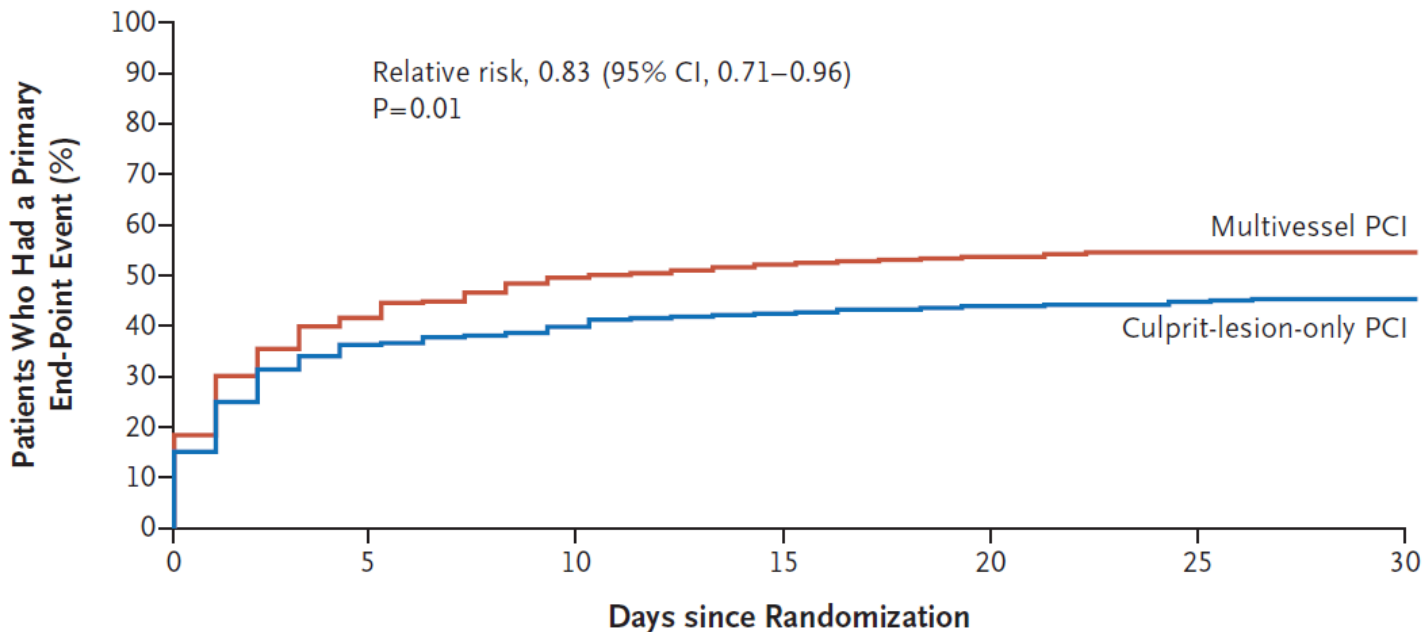


# CULPRIT-SHOCK

706 pts with CS due to AMI (61% STEMI/39% NSTEMI) and MVD  
Rx: Immediate MV PCI vs Culprit-Only +/- Staged PCI

## A Composite Primary End Point

Death or RRT



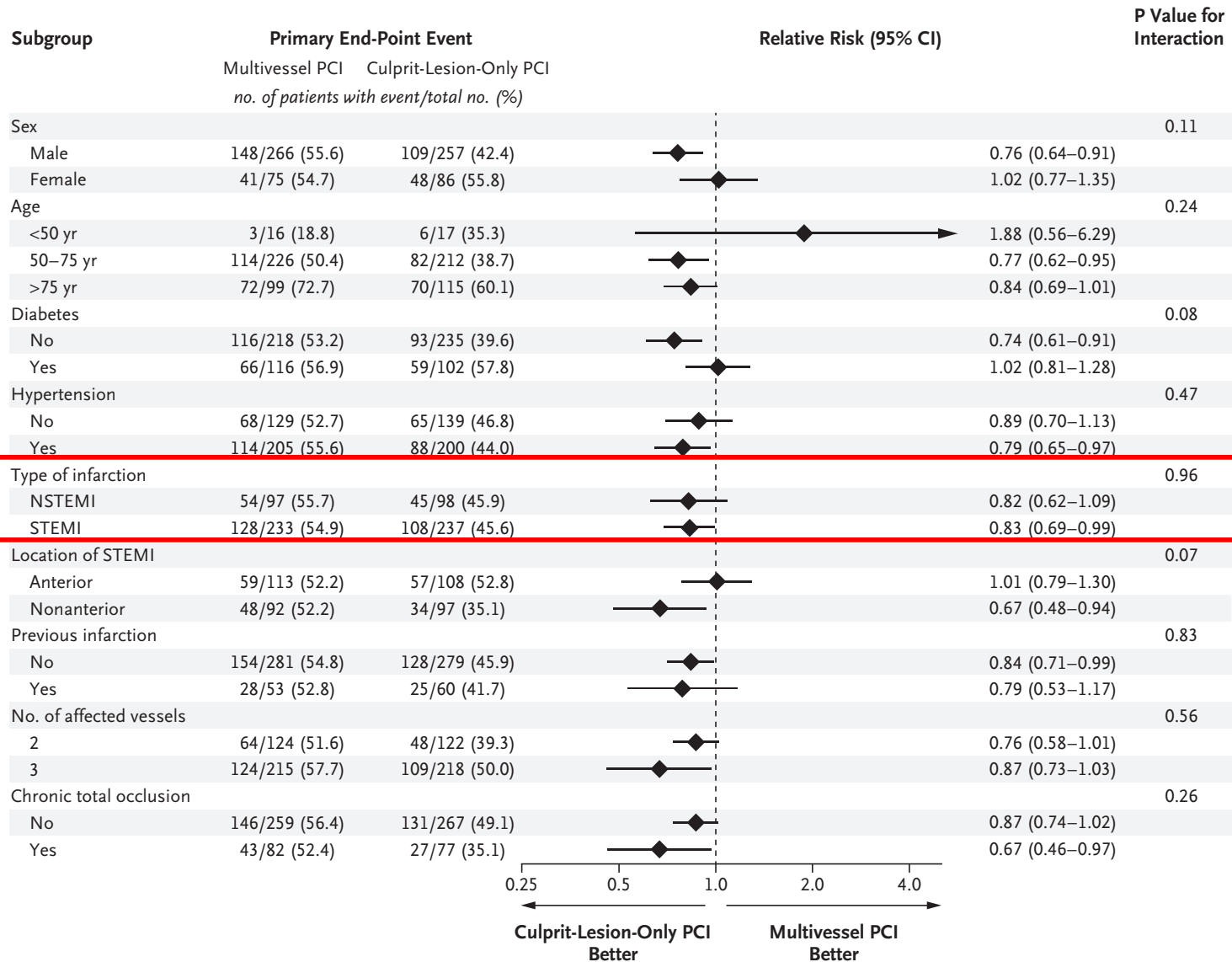
### No. at Risk

Multivessel PCI	341	199	172	162	156	153	152
Culprit-lesion-only PCI	344	219	207	198	192	189	184





# CULPRIT-SHOCK





# Multi-vessel PCI in Shock

ESC STEMI Guidelines 2017 → Revascularization Guidelines 2018

## STEMI (NSTEMI), Cardiogenic Shock

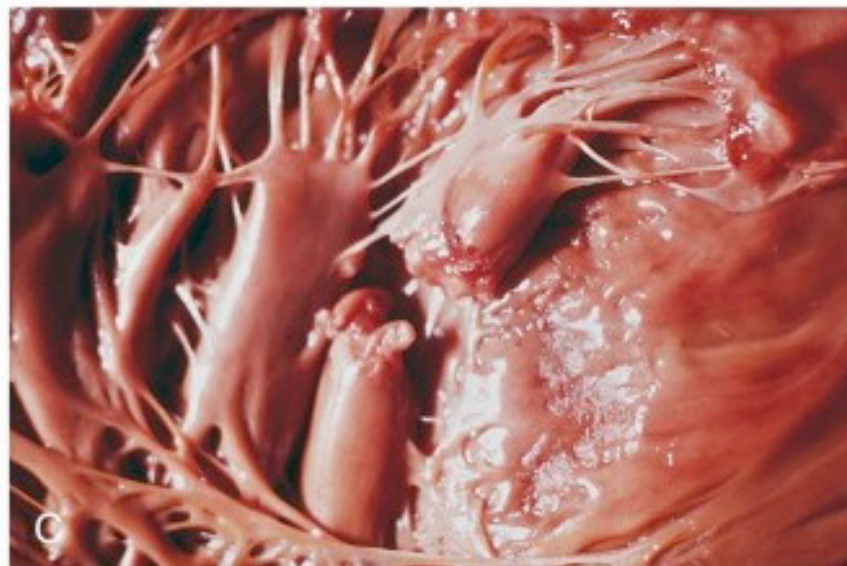
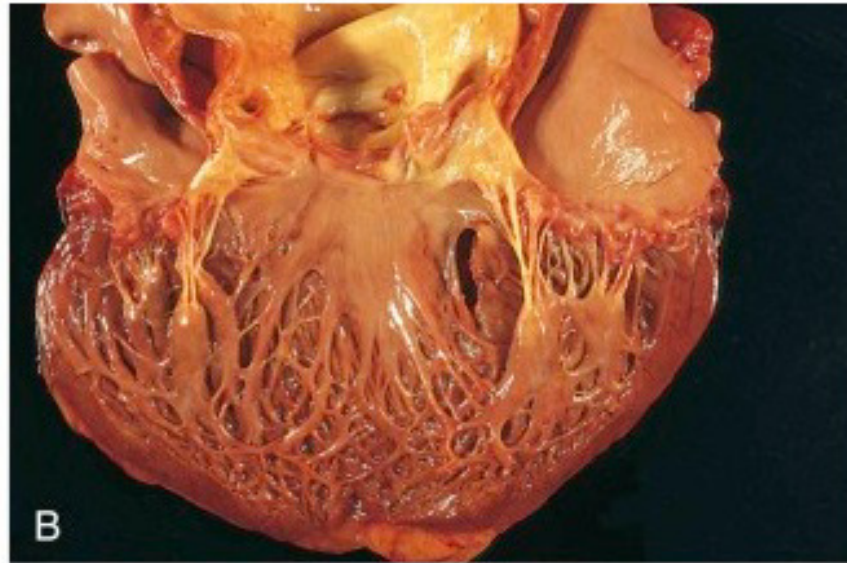
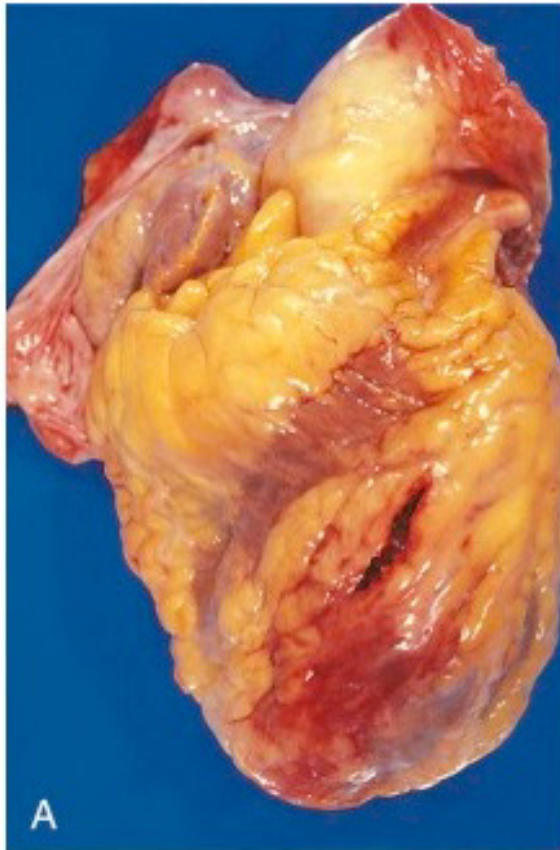
2017

2018





# Mechanical Complications





# Mechanical Complications

CHARACTERISTIC	VENTRICULAR SEPTAL RUPTURE	RUPTURE OF THE VENTRICULAR FREE WALL	PAPILLARY MUSCLE RUPTURE
Incidence	1-3% without reperfusion therapy, 0.2-0.34% with fibrinolytic therapy, 3.9% in patients with cardiogenic shock	0.8-6.2%; fibrinolytic therapy does not reduce risk; primary PTCA seems to reduce risk	≈1% (the posteromedial more frequent than the anterolateral papillary muscle)
Time course	Bimodal peak; within 24 hr and 3-5 days; range, 1-14 days	Bimodal peak; within 24 hr and 3-5 days; range, 1-14 days	Bimodal peak; within 24 hr and 3-5 days; range, 1-14 days
Clinical manifestations	Chest pain, shortness of breath, hypotension	Anginal, pleuritic, or pericardial chest pain; syncope; hypotension; arrhythmia; nausea; restlessness; hypotension; sudden death	Abrupt onset of shortness of breath and pulmonary edema; hypotension
Physical findings	Harsh holosystolic murmur, thrill (+), S <sub>3</sub> , accentuated second heart sound, pulmonary edema, RV and LV failure, cardiogenic shock	Jugular venous distention (29% of patients), pulsus paradoxus (47%), electromechanical dissociation, cardiogenic shock	A soft murmur in some cases, no thrill, variable signs of RV overload, severe pulmonary edema, cardiogenic shock
Echocardiographic findings	Ventricular septal rupture, left-to-right shunt on color flow Doppler echocardiography through the ventricular septum, pattern of RV overload	>5 mm pericardial effusion not visualized in all cases; layered, high-acoustic echoes within the pericardium (blood clot); direct visualization of tear; signs of tamponade	Hypercontractile LV, torn papillary muscle or chordae tendineae, flail leaflet, severe mitral regurgitation on color flow Doppler echocardiography
Right-heart catheterization	Increase in oxygen saturation from the RA to RV, large v waves	Ventriculography insensitive, classic signs of tamponade not always present (equalization of diastolic pressures in the cardiac chambers)	No increase in oxygen saturation from the RA to RV, large v waves, * very high pulmonary capillary wedge pressure

## Acute shock after MI:

- Think of mechanical complications
- They can happen whenever they want to
- Typically a surgical emergency



# Other etiologies of cardiogenic shock requiring specific therapy

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**Pulmonary embolism**

**Valvular disease**

**Arrhythmia**

**Tamponade**

**Myocarditis**

**Pulmonary hypertension**





# Other etiologies of cardiogenic shock requiring specific therapy

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**Pulmonary embolism**

**Valvular disease**

**Arrhythmia**

**Tamponade**

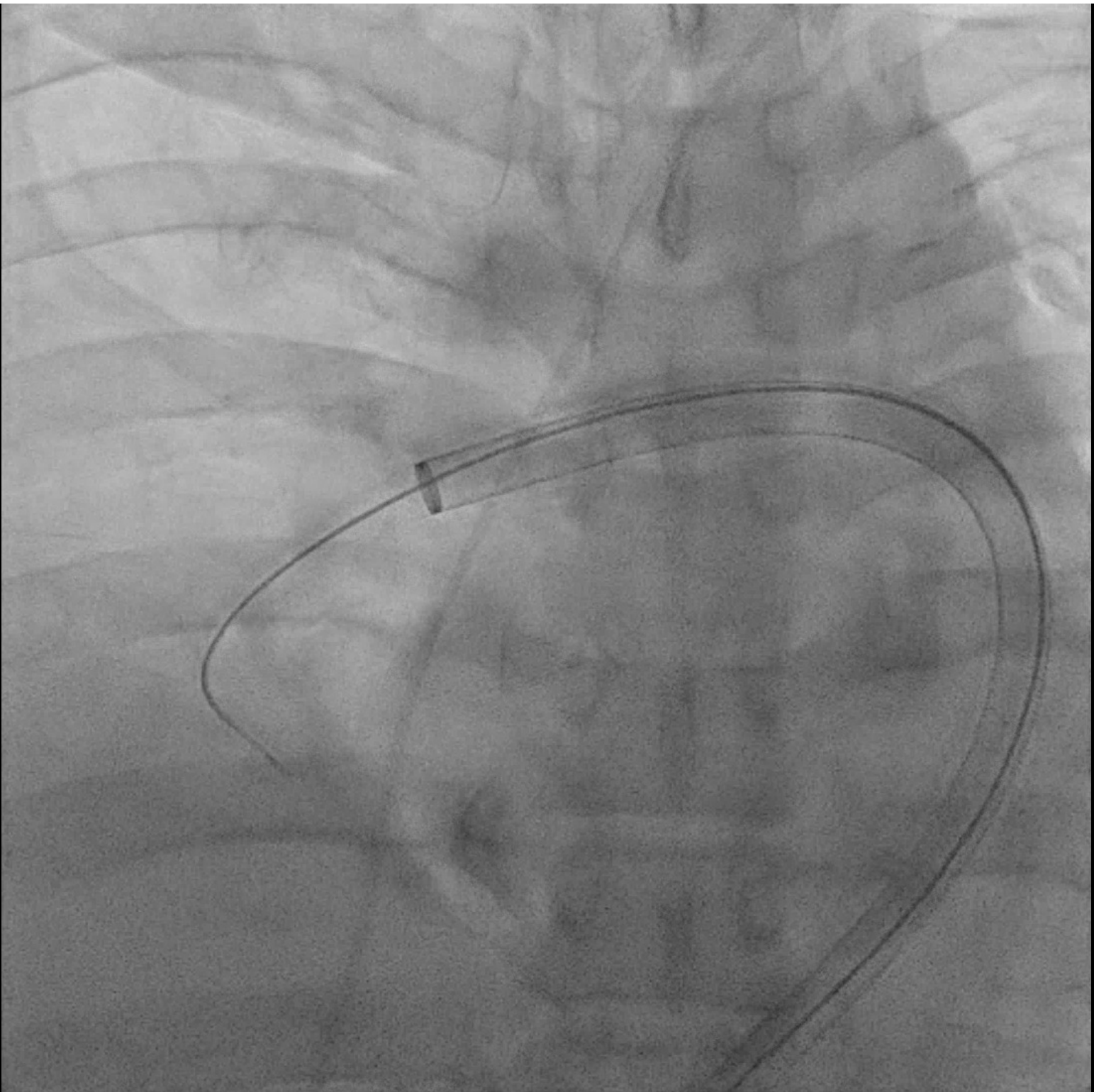
**Myocarditis**

**Pulmonary hypertension**







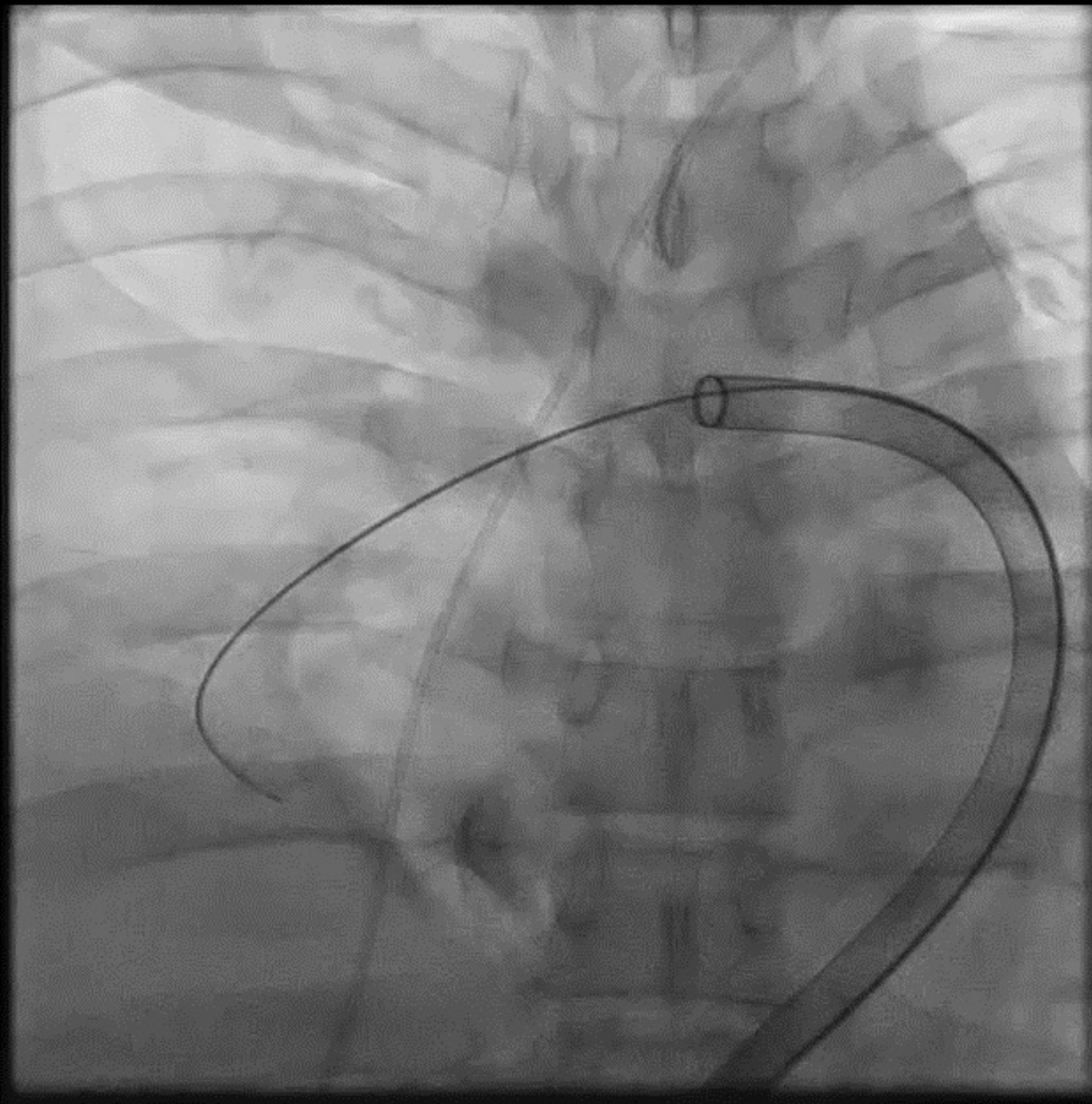




LEFT

Right

Nipd  
100mc  
Nipd  
200mc  
Nipd  
100mc  
Nipd  
200mc  
Nipd  
100mc  
Nipd  
200mc





# Outline

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## Epidemiology

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- Acute MI
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# For mild to moderate shock

**↑** Cardiac output

**↓** Resistance

**↓** Filling pressures

Inotrope

Vasodilator +  
Diuretic





# Vasoactive therapies

Pure vasopressors – Incr SVR

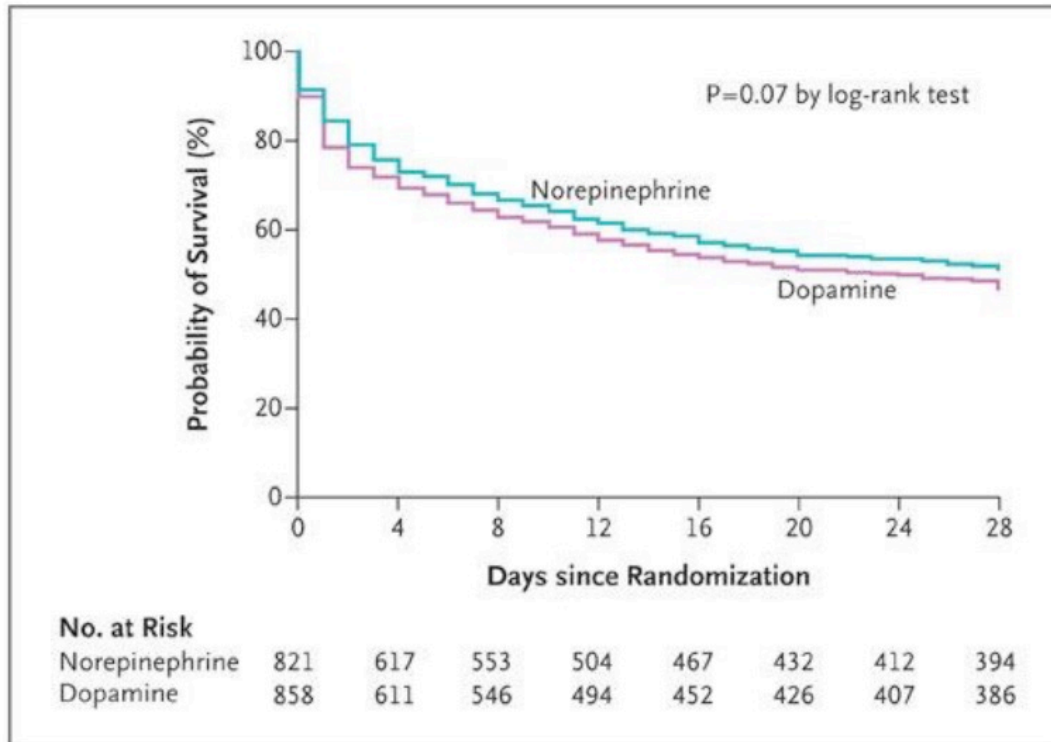
Inopressors – Incr CO, Incr SVR

Inodilators – Incr CO, decr SVR

Vasoactive Drugs							
Drug	Receptors	MAP	HR	CO	SVR	PVR	Comment
<b>Pure vasopressors</b>							
Phenylephrine	Pure $\alpha_1$	↑↑	↓↓ <sup>a</sup>	↓ <sup>a</sup>	↑↑↑	↑↑	
Vasopressin	$V_1$ & $V_2$	↑↑	↓↓ <sup>a</sup>	↓ <sup>a</sup>	↑↑↑	↔	Consider if refractory to catechols. Attractive if RV dysfxn or PHT.
<b>Inopressors</b> (relative pressor vs. inotropy depends on drug & dose)							
Norepinephrine	$\alpha \gg \beta_1$	↑↑	↔/↑	↔/↑	↑↑↑	↔/↑	More pressor than inotrope. Fewer tachyarrhythmias than w/ dopa and mortality at least as good if not better.
Epinephrine							
Low-dose	$\beta_1$ & $\beta_2 > \alpha$	↑	↑↑	↑↑	↓	↔	Inotrope
High-dose	$\alpha > \beta$	↑↑	↑↑	↑↑	↑↑	↑	Inotrope+pressor
Dopamine <sup>b</sup>							
Low-dose	D	↔	↔/↑	↔/↑	↔/↓	↔	
Medium-dose	$\beta_1 > D, \alpha$	↔/↑	↑	↑↑	↔	↔	
High-dose	$\alpha > \beta_1, D$	↑↑	↑↑	↑	↑↑	↑	
<b>Inodilators</b>							
Dobutamine	$\beta_1 \gg \beta_2, \alpha_1$	↔/↓	↑↑	↑↑	↓	↓	↓ PCWP. Fast onset. Tachyphylaxis.
Milrinone	PDE <sub>3</sub> inhib	↓↓	↑	↑↑↑	↓↓	↓↓	↓↓ PCWP; ↓ PVR; ∴ attractive if RV dysfxn or PHT. Slow onset. Renally cleared.
Isoproterenol	$\beta_1$ & $\beta_2$	↓	↑↑↑	↑↑	↓↓	↓	⊕ chronotrope
<b>Pure vasodilators</b>							
Nitroglycerin	NO → sGC	↓	↑	↔	↓	↓	Venodilator >> arteriolar dilator
Nitroprusside <sup>c</sup>	NO → sGC	↓↓↓	↑	↑↑ <sup>c</sup>	↓↓↓	↓↓	Arteriolar dilator ≥ venodilator



# SOAP II: Dopamine vs Norepinephrine

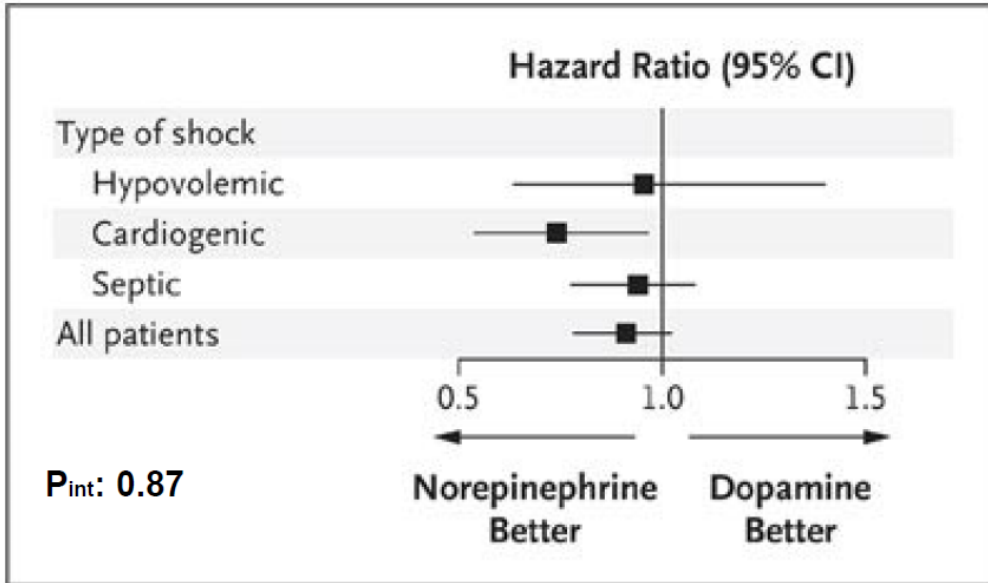


De Backer et al. NEJM 2010;362:779.

- **28d mortality:**
  - **52.5% for DA vs 48.5% for norepi**
  - **OR 1.17 (0.97-1.42), p=0.10**
- **Arrhythmias: 24.1% vs 12.4%**

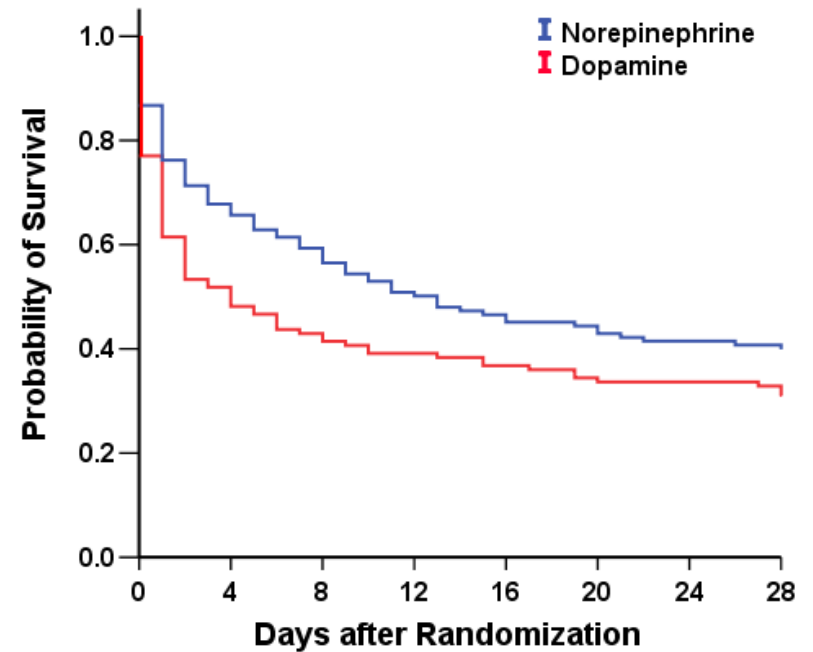


# SOAP II: Dopamine vs Norepinephrine



*Signal of harm with dopamine?*

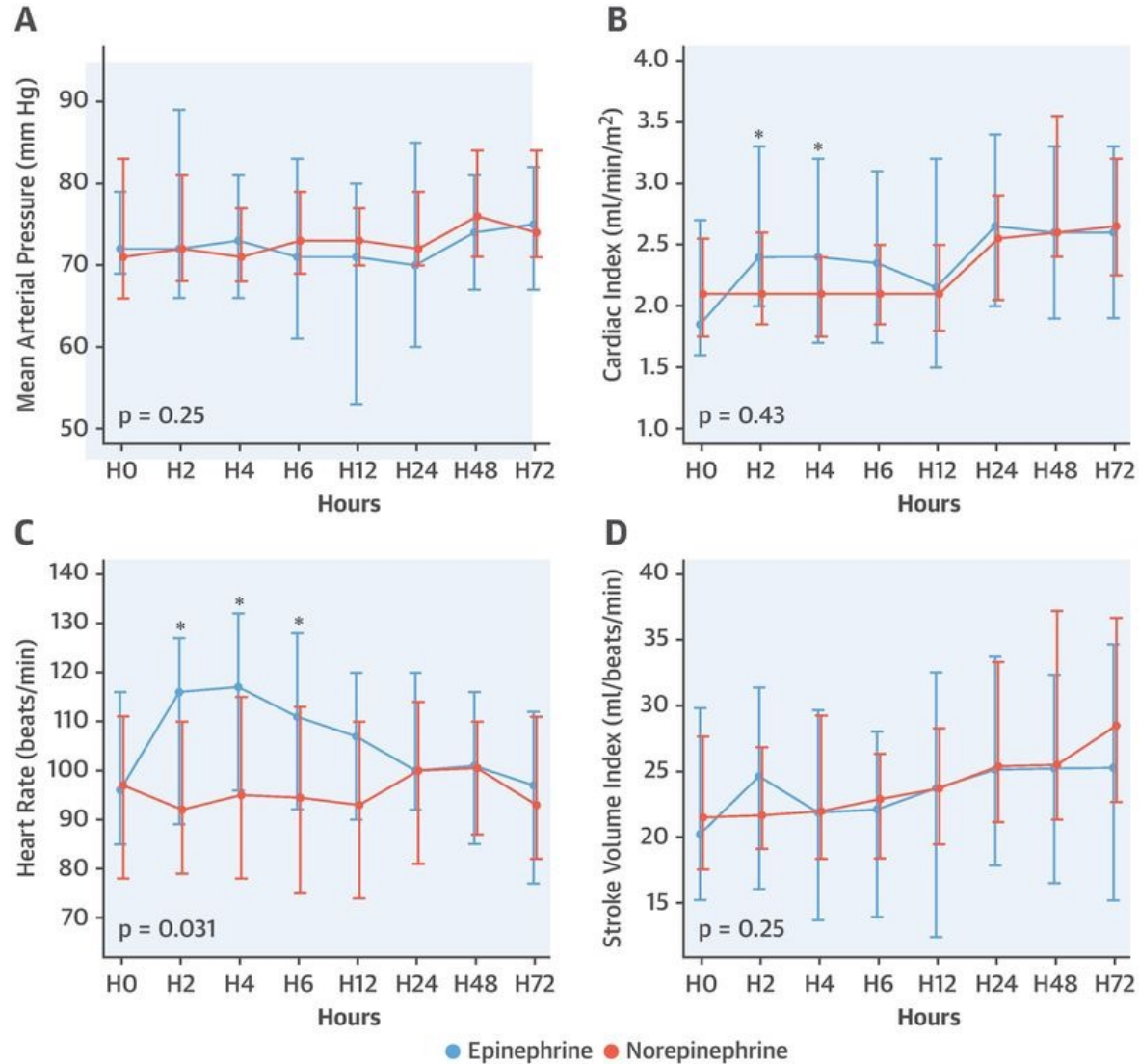
Cardiogenic Shock (N=280)





# Epinephrine vs Norepinephrine

57 pts with CS due to AMI s/p PCI with PA Line





# Epinephrine vs Norepinephrine

57 pts with CS due to AMI s/p PCI with PA Line

**TABLE 2** Serious Adverse Events and Outcomes

	Epinephrine (n = 27)	Norepinephrine (n = 30)	p Value*	Odds Ratio (95% Confidence Interval)	p Value†
Refractory shock	10 (37)	2 (7)	0.008	8.24 (1.61–42.18)	0.011
Arrhythmia	11 (41)	10 (33)	0.59	1.37 (0.47–4.05)	0.56
ECLS	3 (11)	1 (3)	0.34	3.62 (0.35–37.14)	0.28
Death	14 (52)	11 (37)	0.29	1.86 (0.65–5.36)	0.25
Death within 7 days	8 (30)	3 (10)	0.093	3.79 (0.89–16.17)	0.072
Death within 28 days	13 (48)	8 (27)	0.11	2.55 (0.84–7.72)	0.097

Values are n (%) unless otherwise indicated. Odds ratios were expressed by using the norepinephrine group as reference. \*p value from the Fisher exact test. †p value from the Wald test.  
ECLS = extracorporeal life support.

*Refractory Shock: Sustained hypotension, end-organ hypoperf, **incr LA**, high inotrope or vasopressor doses*



# Vasopressor summary

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- **Catecholamines have not demonstrated improved survival**
- **But, limited data suggest norepinephrine may be better than dopamine or epinephrine**





# Step-Wise Approach to CS Management

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- **Correct hypotension (MAP goal  $\geq 65$  mmHg), typically with inopressor initially**
- **Assess degree of congestion (preload) & adequacy of perfusion (CO)**
- **Assess and treat reversible causes of cardiogenic shock:**
  - Acute ischemia
  - Address other potential contributors: dysrhythmias, acid/base disturbances, negative inotropes (bB, CCB) and antihypertensives
- **Optimize hemodynamics, often with PAC to guide therapy**





# Outline

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## Epidemiology

## Definition and diagnosis

## Management

- Acute MI
- General supportive measures
- Mechanical circulatory support





# Complex Decisions

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## *Shock Team*

Chambers needing support (LV, RV, both)

Degree of support needed

Need for gas exchange

Vascular access considerations

Other anatomic considerations

Timing

Candidacy for long term therapies (VAD, txplant)





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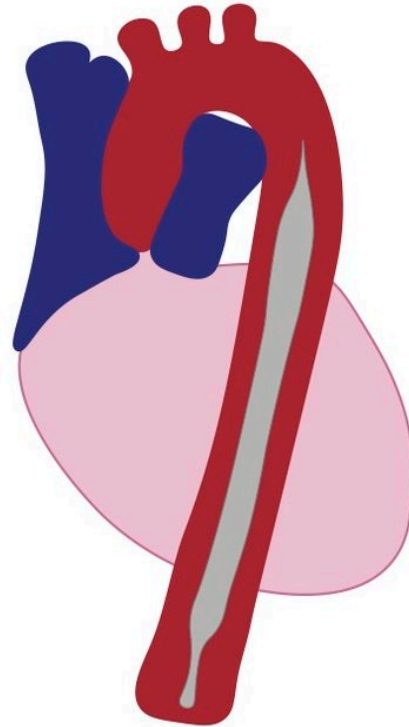
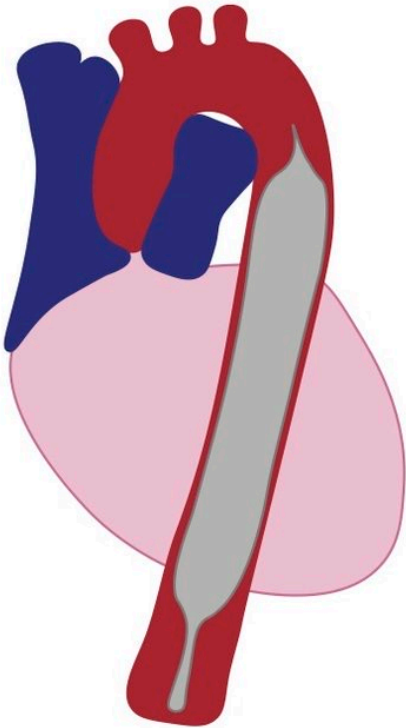
# LV Support





# Intra-aortic balloon pump (IABP)

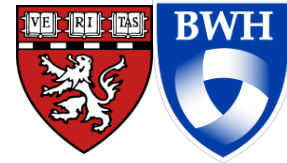
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**(+)**  
Rapid placement  
Lower profile than  
other MCS options

**(-)**  
Minimal support  
AI





# *The* NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

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VOL. 367 NO. 14

## Intraaortic Balloon Support for Myocardial Infarction with Cardiogenic Shock

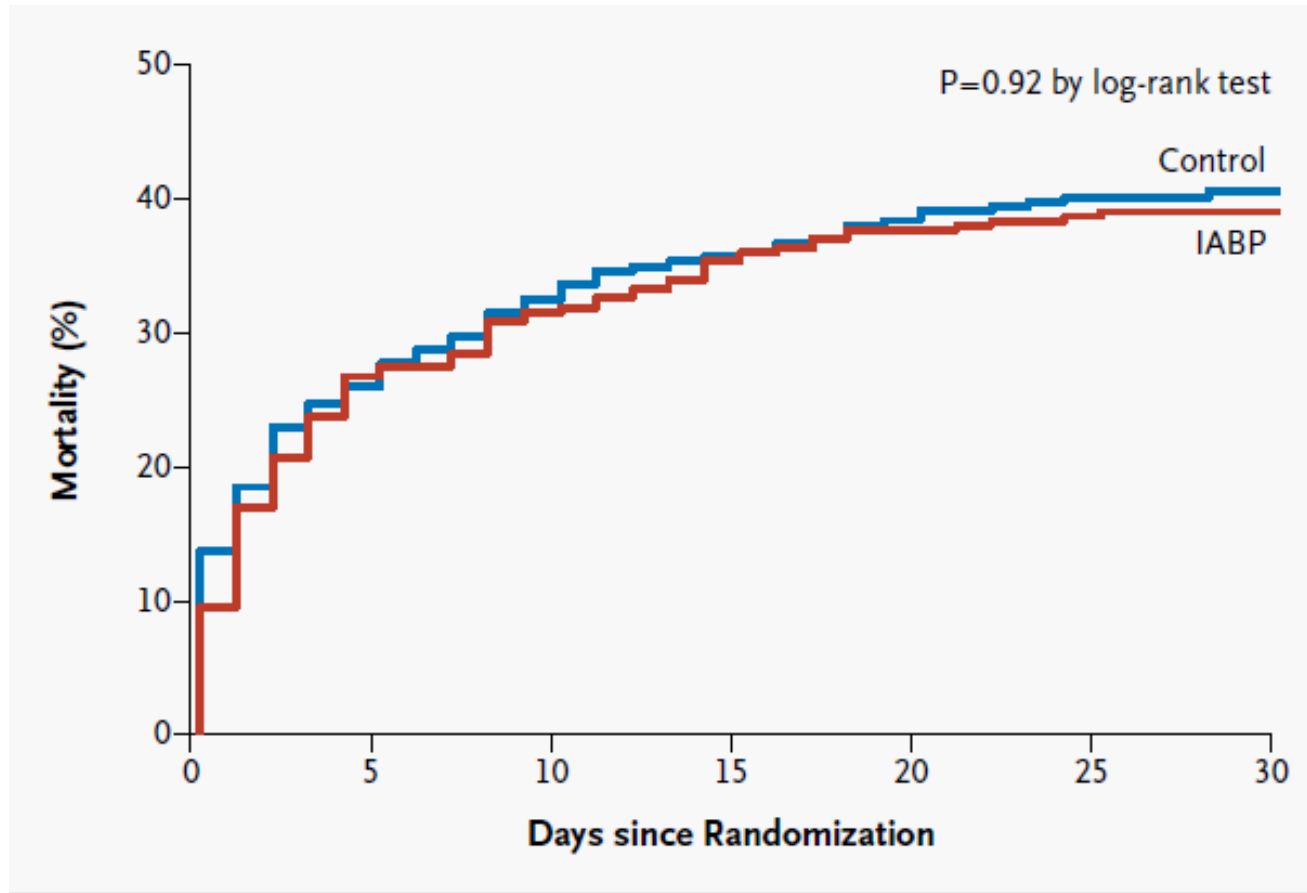
Holger Thiele, M.D., Uwe Zeymer, M.D., Franz-Josef Neumann, M.D., Miroslaw Ferenc, M.D.,  
Hans-Georg Olbrich, M.D., Jörg Hausleiter, M.D., Gert Richardt, M.D., Marcus Hennersdorf, M.D., Klaus Empen, M.D.,  
Georg Fuernau, M.D., Steffen Desch, M.D., Ingo Eitel, M.D., Rainer Hambrecht, M.D., Jörg Fuhrmann, M.D.,  
Michael Böhm, M.D., Henning Ebel, M.D., Steffen Schneider, Ph.D., Gerhard Schuler, M.D., and Karl Werdan, M.D.,  
for the IABP-SHOCK II Trial Investigators\*



An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School



# IABP-SHOCK II



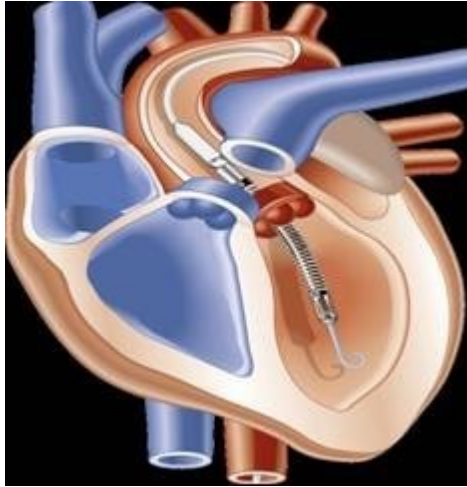
**Figure 1. Time-to-Event Curves for the Primary End Point.**

Time-to-event curves are shown through 30 days after randomization for the primary end point of all-cause mortality. Event rates represent Kaplan-Meier estimates.





# Impella CP



(+)

Good support (3.5 L/min)  
Typically rapid placement  
Unloads LV

(-)

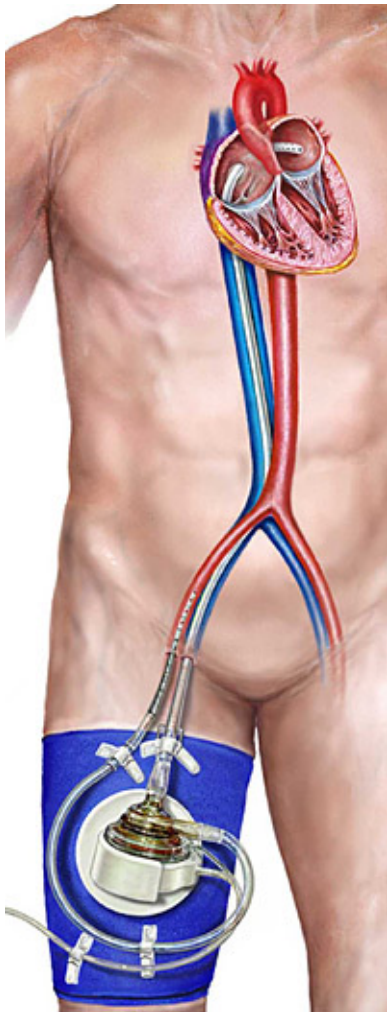
Migrates  
Thrombocytopenia/hemol  
Vascular injury



Note: Impella 5.0 (and now 5.5) also available



# TandemHeart

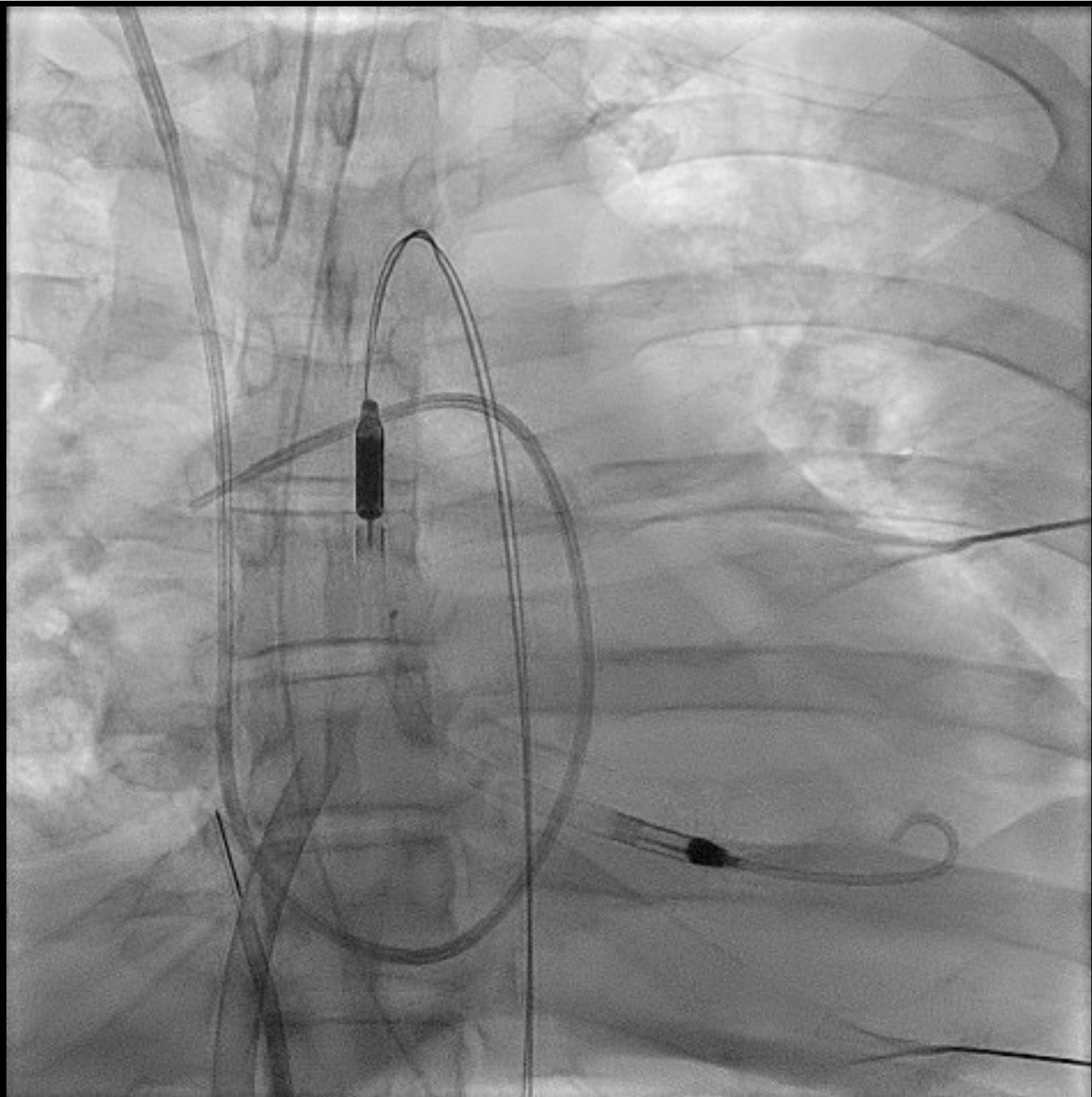


(+)

Robust support (4-5 L/min)  
Possible to add gas exchange to circuit

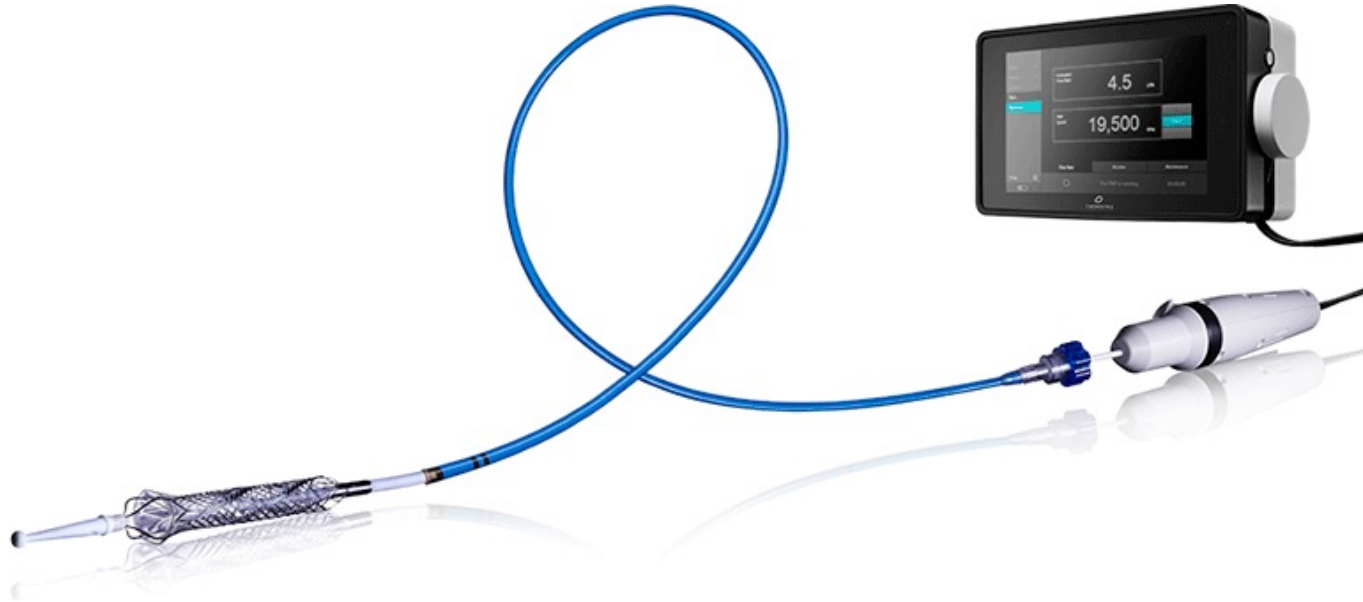
(-)

Limited availability  
Requires transeptal puncture  
Imperfect LV unloading  
Vascular injury





# Abbott Percutaneous Heart Pump?



BUSINESS

## Abbott Labs halts use of HeartMate PHP blood pump after death, malfunctions

St. Jude Medical acquired the device in a 2015 deal and predicted it would be a key growth driver within five years.



An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School

By Joe Carlson Star Tribune | FEBRUARY 9, 2017 — 9:17PM



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# RV Support





# Impella RP

(+)

4 L/min

Typically fast placement

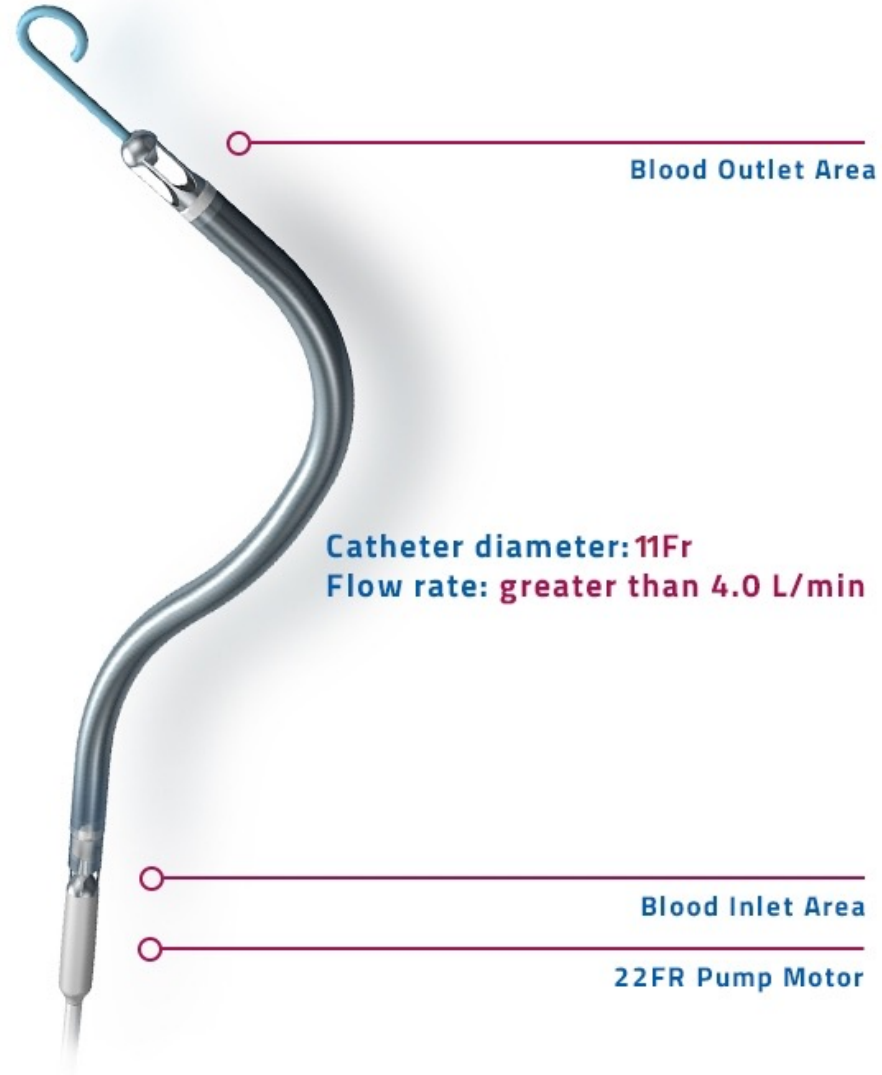
(-)

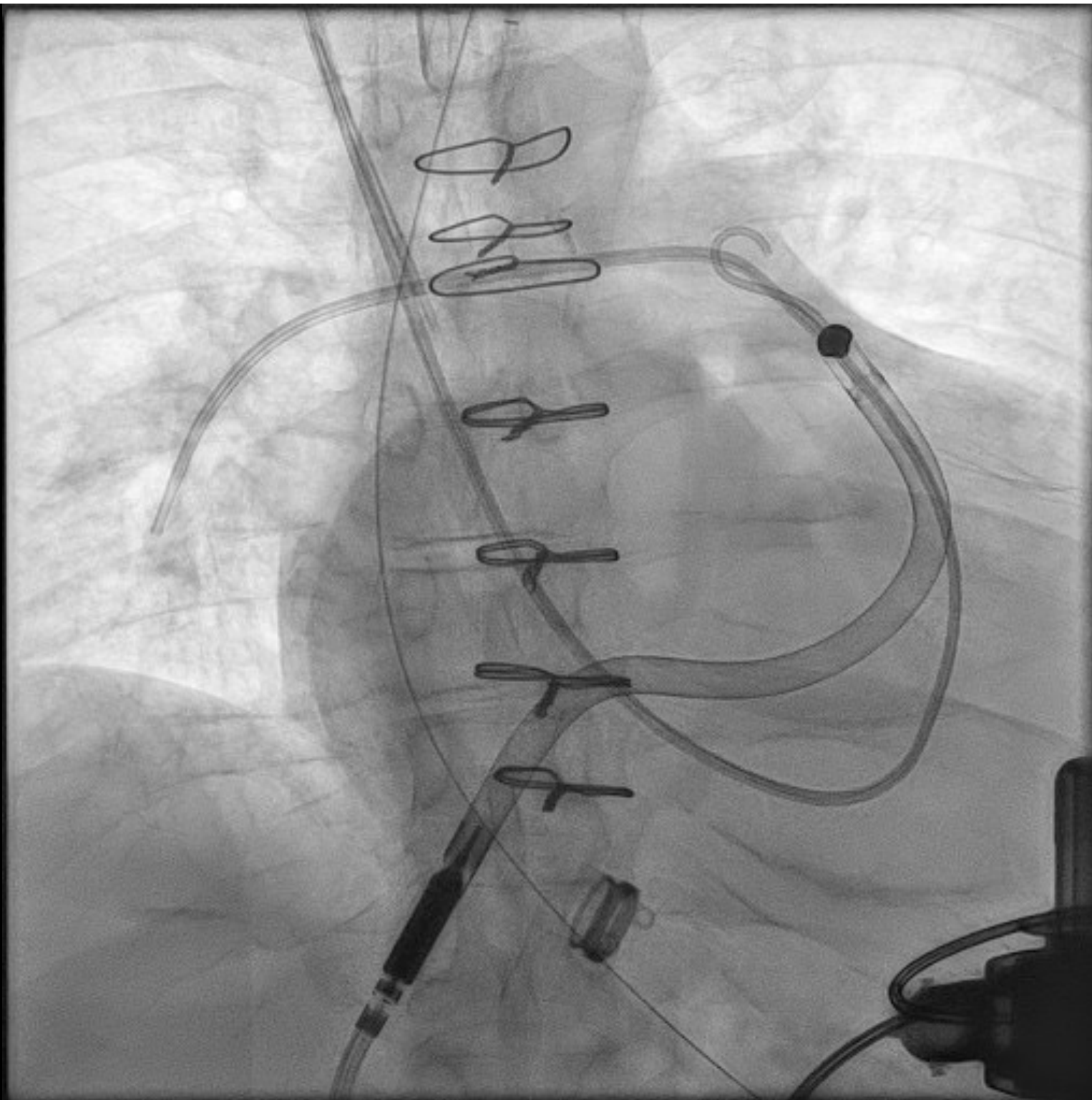
Femoral only

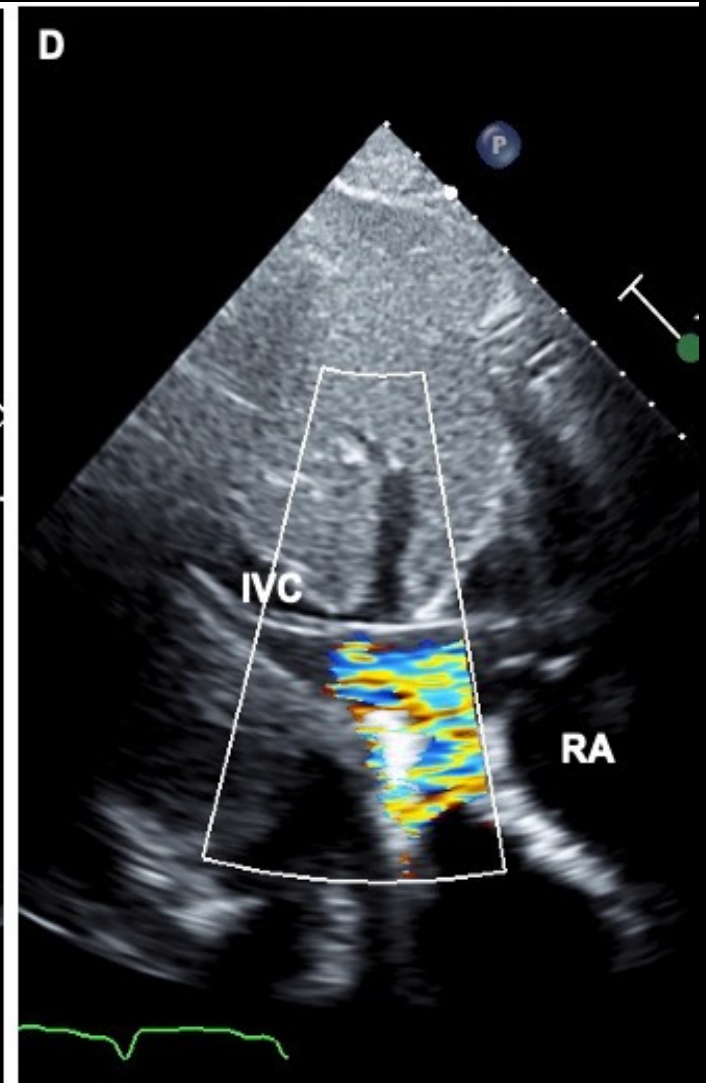
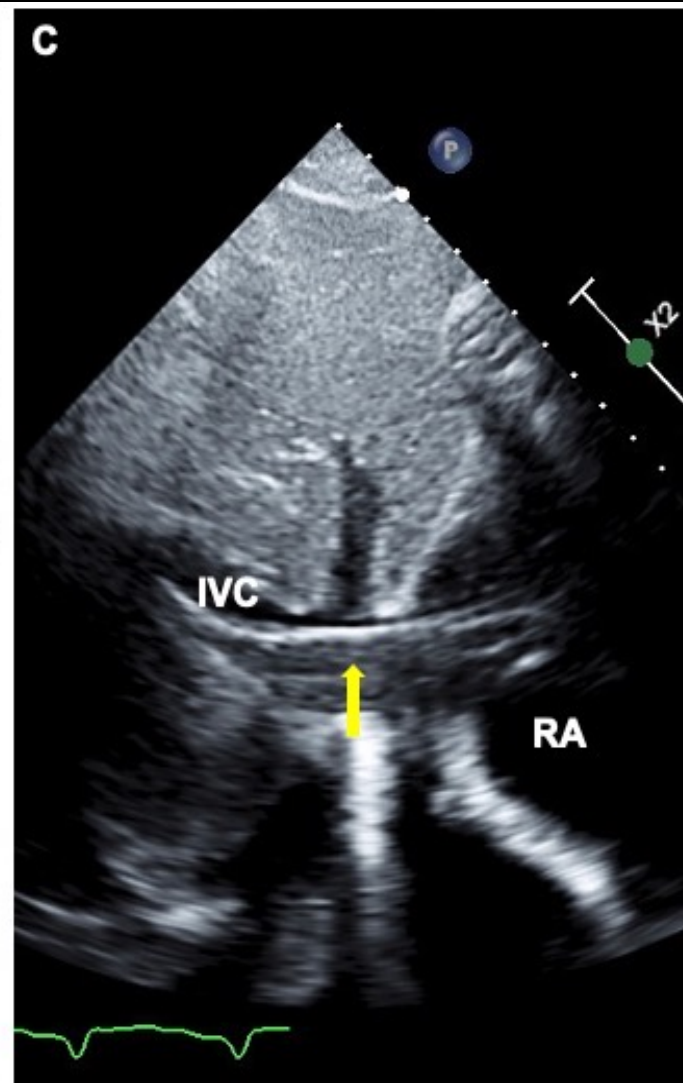
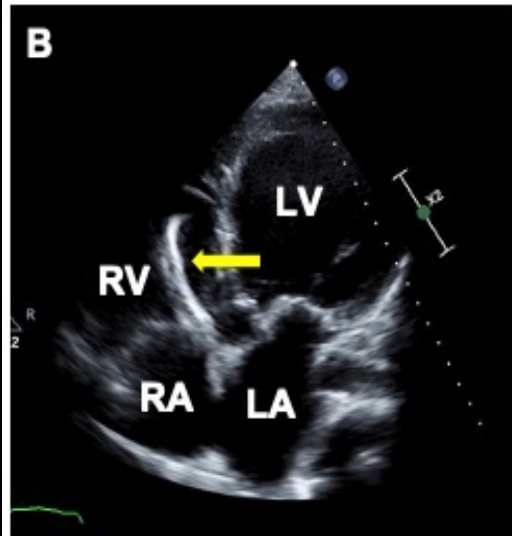
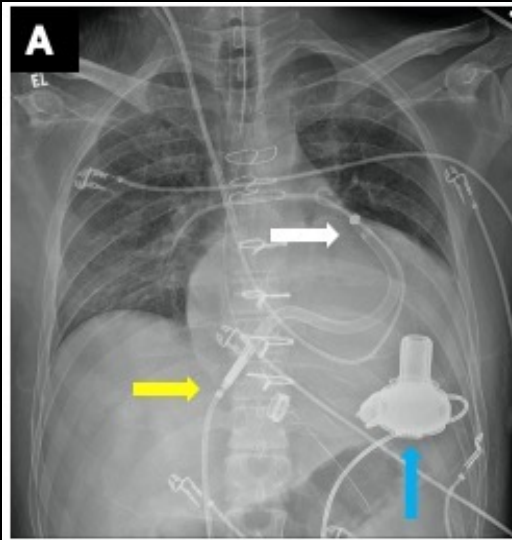
Migrates

Thrombocytopenia

/hemolysis









# Tandem RVAD

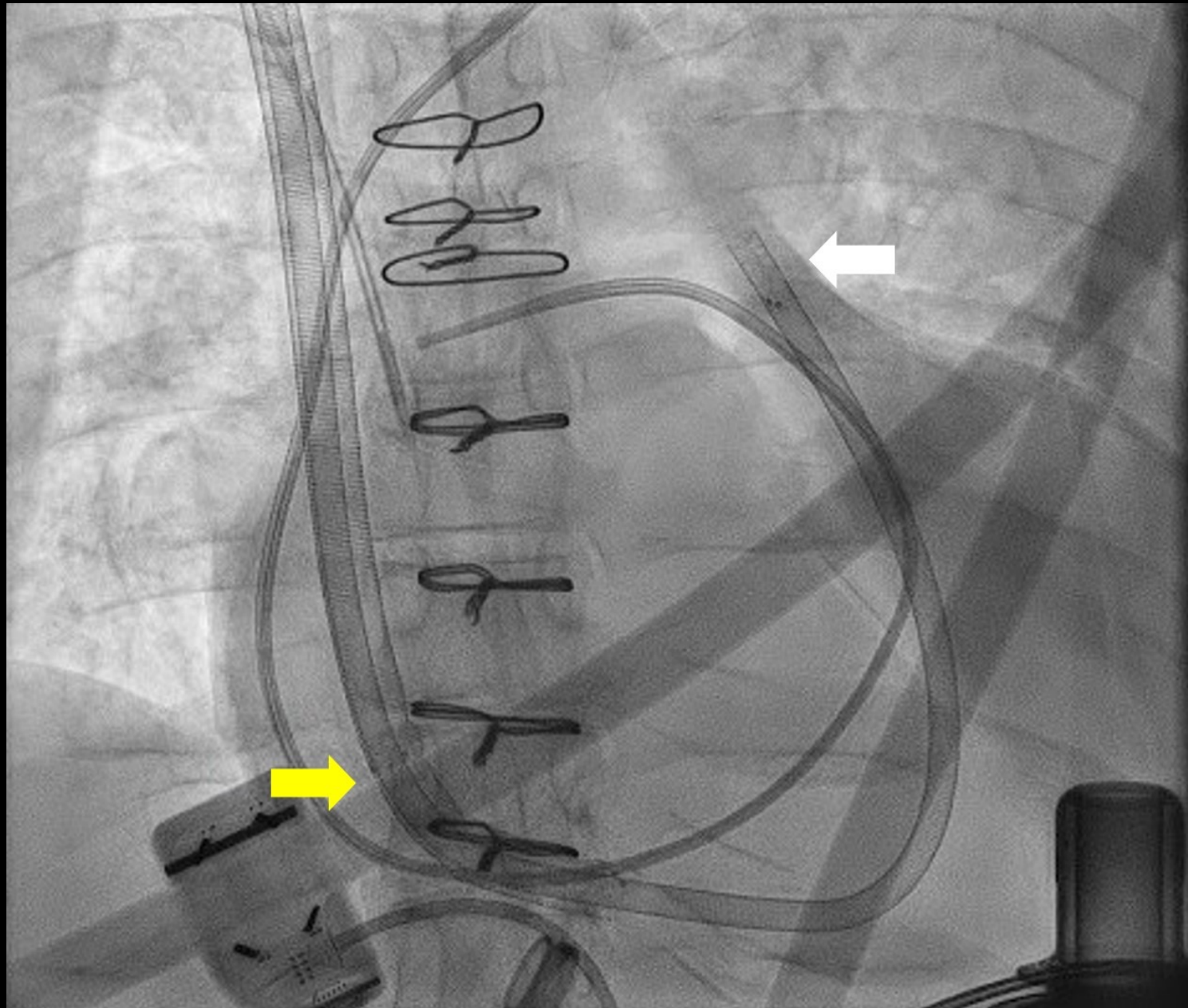
(+)

- 5+ L/min
- Typically fast placement
- Can add oxygenator
- If pair with TandemHeart LVAD and gas exchanger, have full ECLS in place
- Flexible access

(-)

- Larger access (28-31 Fr)
- Need to de-air circuit







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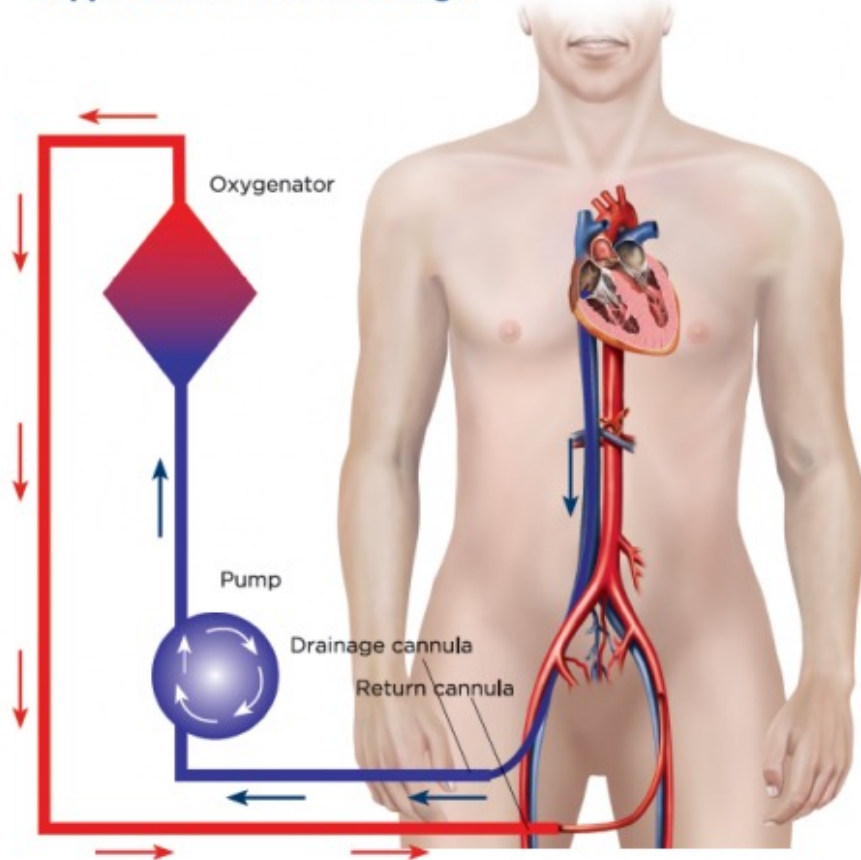
# Biventricular Support



# Extracorporeal Membrane Oxygenation (ECMO)

## Veno-arterial (VA) ECMO

supports both heart and lungs



(+)

Full cardiopulmonary bypass  
(Up to 6 L/min)

RV support

VT/VF tolerated

(-)

May require LV vent

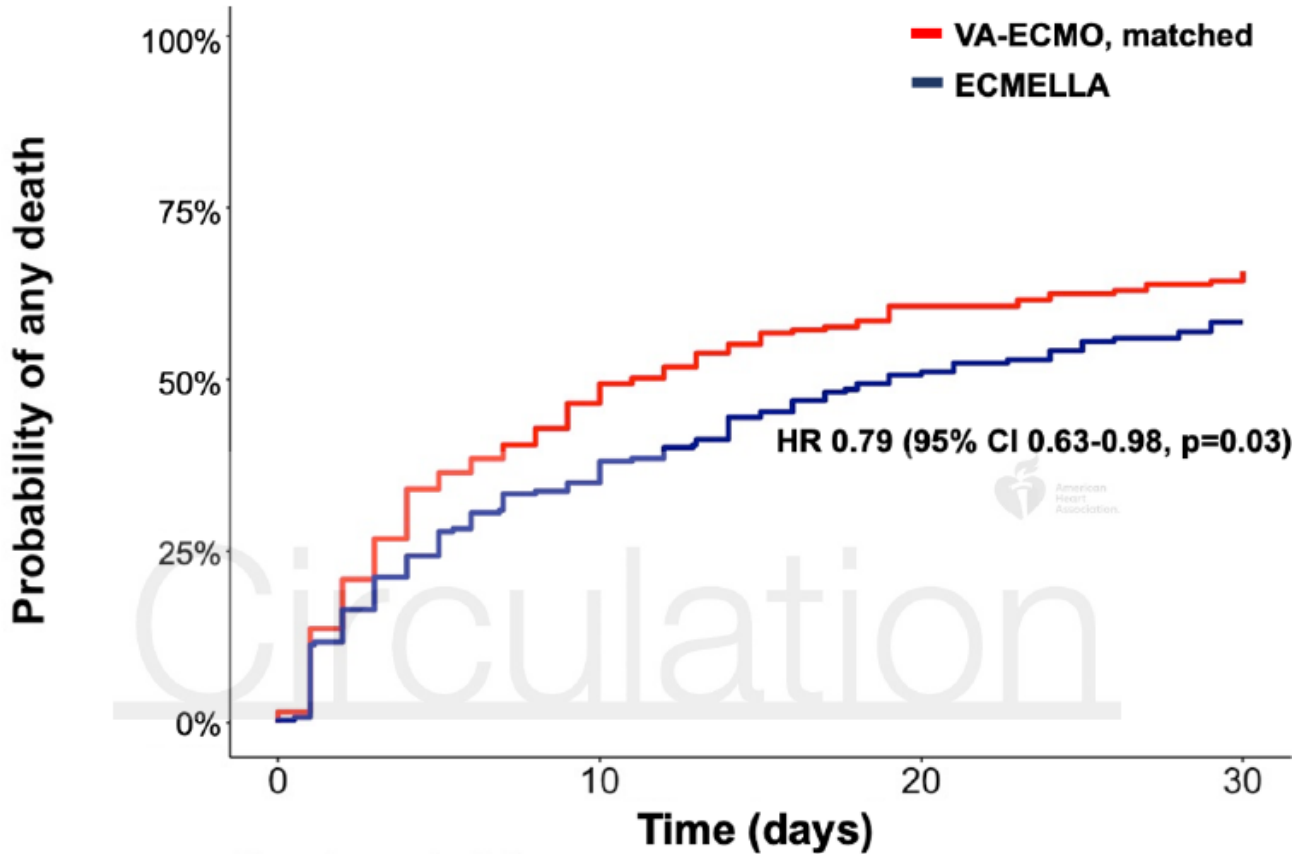
Vascular injury

Limited availability





# LV Unloading? (trending on twitter...)



### Number at risk

VA-ECMO, matched

255	132	89	76
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ECMELLA

255	165	115	88
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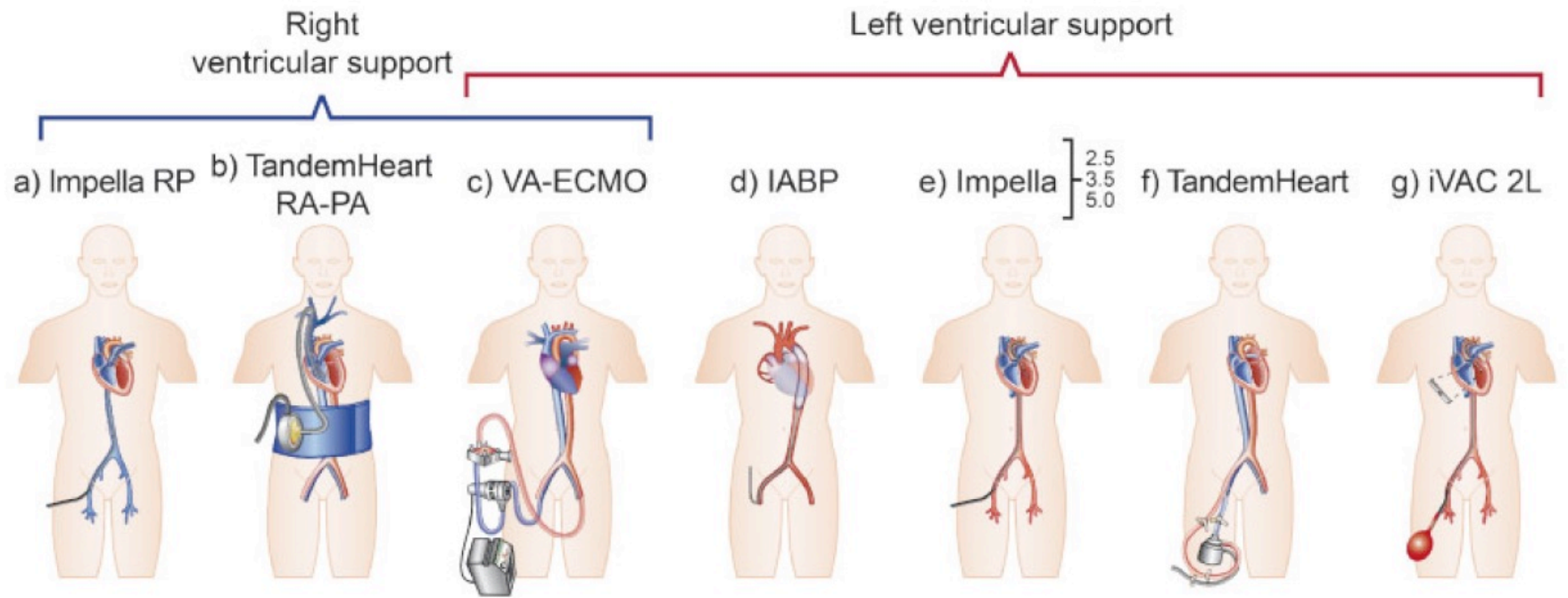
0	10	20	30
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Time (days)

- 16 centers in 4 countries
- 686 consecutive patients
- NOT RANDOMIZED
- 1:1 PSM
- Patients with CS on ECMO in whom team decided to place Impella:
  - Had more complications
  - Had lower rates of death at 30 days
- Hypothesis-generating, needs RCT

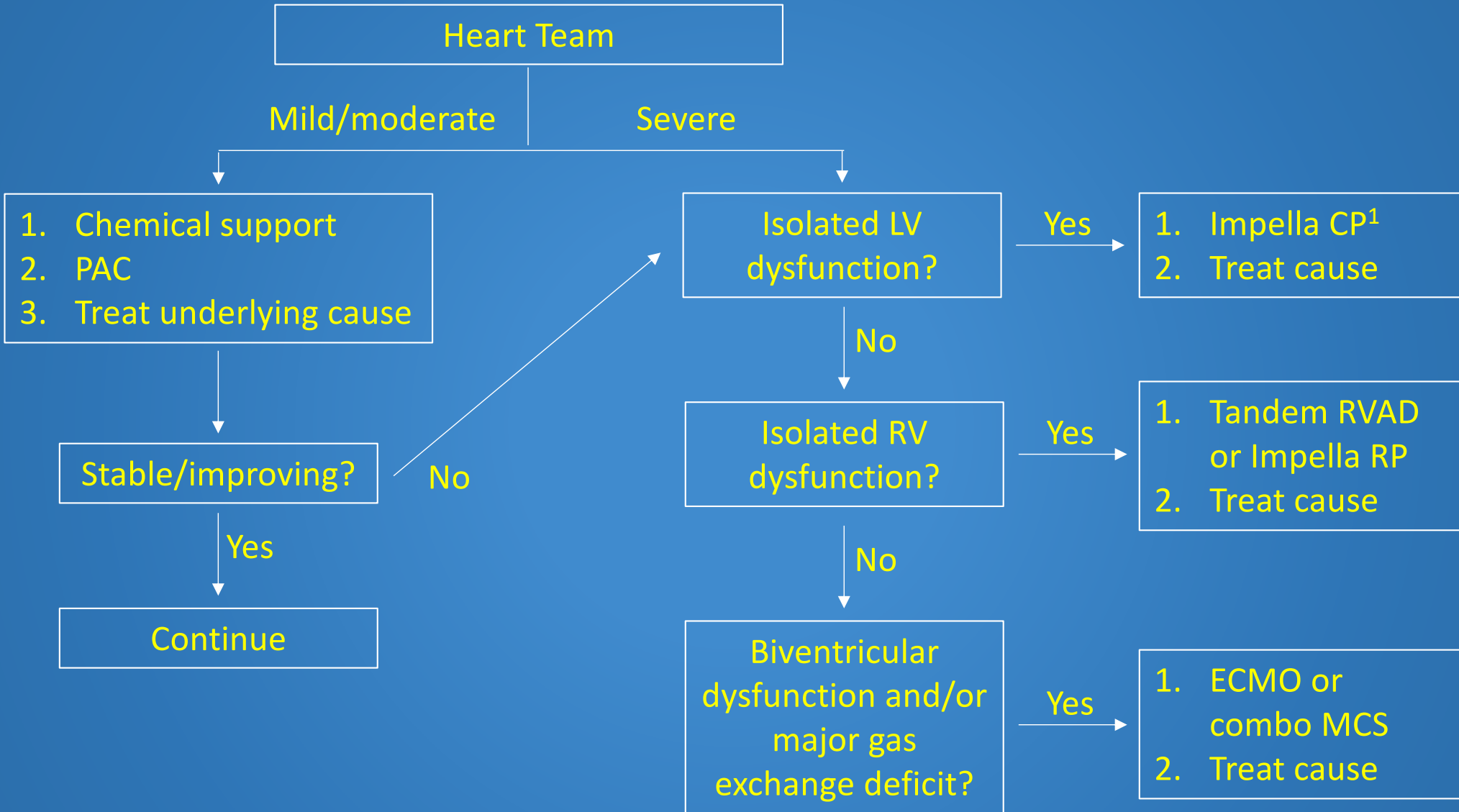


# MCS Overview



	a) Impella RP	b) TandemHeart RA-PA	c) VA-ECMO	d) IABP	e) Impella $\left. \begin{matrix} 2.5 \\ 3.5 \\ 5.0 \end{matrix} \right\}$	f) TandemHeart	g) iVAC 2L
Flow:	max. 4.0 L	max. 4.0 L	max. 7.0 L		2.5-5.0 L	max. 4.0 L	max. 2.8 L
Pump speed:	33.000 rpm	max. 7.500 rpm	max. 5000 rpm		max. 51.000 rpm	max. 7.500 rpm	40 ml/beat
Cannula size:	22 F	29 F	14-19 F arterial 17-21F venous	7-8 F	12-14 F	12-19 F arterial 21F venous	17 F
Insertion/ Placement	Femoral vein	Internal jugular vein	Femoral artery Femoral vein	Femoral artery	Femoral artery	Femoral artery Femoral vein for LA access	Femoral artery
LV Unloading	-	-	-	(+)	+-++	++	+
RV Unloading	+	+	++	-	-	-	-

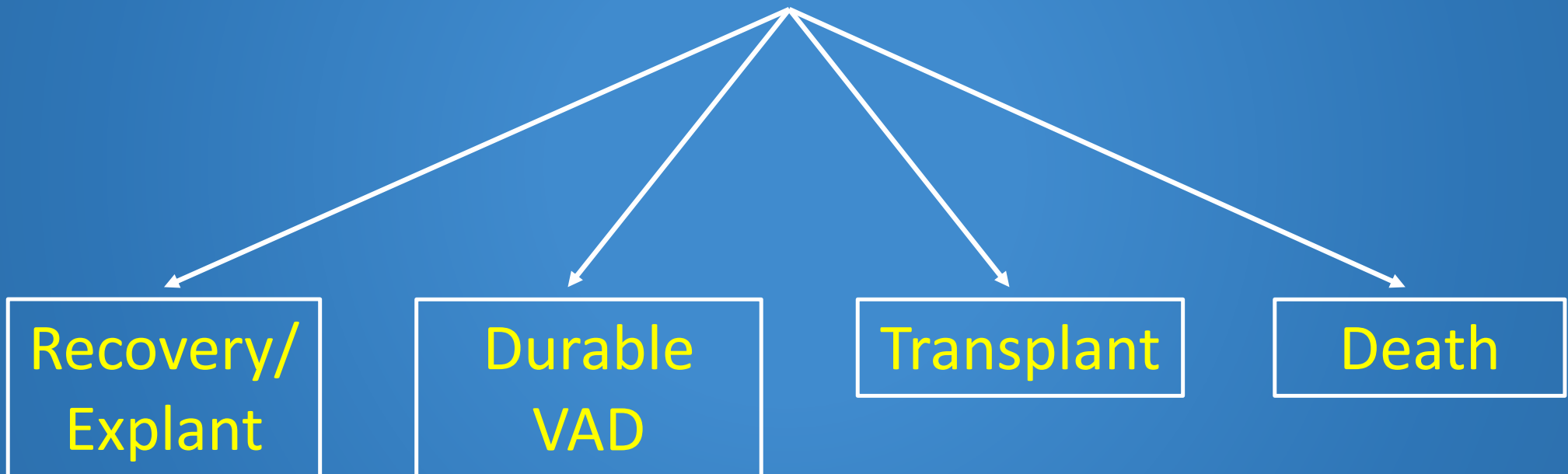
# Cardiogenic Shock



<sup>1</sup>ECMO or TandemHeart if contraindication to Impella such as mechanical aortic valve or if Impella CP inadequate (may consider Impella 5.5)

Where are we going with this?

# Temporary MCS





# Boards-Style Question

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**A 67-year-old woman presented with anterior STEMI 18 hours after symptom onset. Given ongoing chest discomfort and resuscitated VT in the Emergency Department she underwent emergent LAD PCI with TIMI 2 flow at the end of the procedure. On day 3 she developed acute chest pain, hypotension, and dyspnea. Physical exam revealed tachypnea and cool extremities as well as a harsh systolic murmur which was not previously present.**

**What is the next best step in this patient's care?**

- A) Place pulmonary artery catheter to measure RA and RV SpO<sub>2</sub>
- B) Emergent coronary angiography for suspected stent thrombosis
- C) Emergent transthoracic echocardiogram with simultaneous consultation of Cardiac Surgery and Cardiac Catheterization Laboratory
- D) CT-PE



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- B) Emergent coronary angiography for suspected stent thrombosis
- C) **Emergent transthoracic echocardiogram with simultaneous consultation of Cardiac Surgery and Cardiac Catheterization Laboratory**
- D) CT-PE



# Take Home Points

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Cardiogenic shock is associated with high mortality

Recognizing cardiogenic shock can be challenging, particularly in patients with chronic heart failure

Prompt revascularization is the critical therapy for acute MI with shock

Diverse causes of cardiogenic shock exist beyond acute MI, but are much less studied





# Take Home Points

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For cardiogenic shock caused by a treatable etiology, prompt etiology-specific therapy is essential

Supportive measures include inotropes, vasodilators, diuretics and mechanical circulatory support

Multidisciplinary decision-making facilitates rapid and appropriate initiation of directed supportive therapy



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# Thank you

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@brianbergmark



